



IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

Fall-Winter 2023-2024

INTRODUCTION

Are you confident in the actions taken by national and global leaders to ensure the safety of **your** family and **your** neighborhood and community? Do you ever feel a sense of powerlessness, witnessing a decline in safety around you? We invite you to explore a fresh perspective on these concerns. Introducing **Interperson, Inc.** ... Our three-decade-long dedication to extensive research and our investment of millions of dollars has led us to develop a powerful **solution to combat the circumstance known as "LEARNED HELPLESSNESS."**

Within the included Patented Technology supporting several Practical & Easily Applicable Modules provided here **100% FOR FREE**, we offer deep insights into our groundbreaking research and the evolution of our innovative solution. Rather than merely disseminating information, our mission goes beyond that. We aim to empower individuals, enabling them to enhance the safety of their families while fortifying every nation's resilience against the broader specter of terrorism.

Are you ready to take control of your own and your Family's Security ONCE AND FOR ALL? By delving into this invaluable information, you will equip yourself with the knowledge needed to safeguard your loved ones, friends, and colleagues. **But we do not stop there.** We also invite you to reach out to us using the Contact Info inside for personalized support in sharing this knowledge with those who matter most to you. **We are looking for 10 MILLION INDIVIDUALS WORLDWIDE**, to help us forge a path towards effective change and a permanently brighter, safer future for ALL OF OUR COMMUNITIES. **Learn this Material, with our assistance as needed, and help us spread the word and the expertise! 10 MILLION INDIVIDUALS WORLDWIDE!**

THE BOARD OF DIRECTORS OF INTERPERSON, INC.

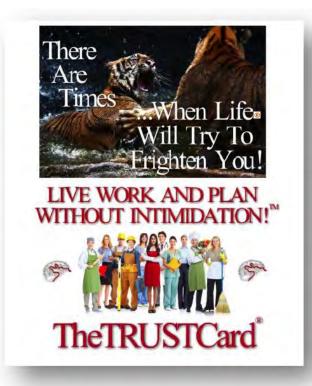


Consider The Wars Ongoing In **Ukraine-Russia Israel-Gaza**

Consider Millions With Unknown Connections And/Or Criminal Histories Arriving At Both Our Northern & Southern Borders

Consider Escalating Rampant Crime In American Cities And States Including But Not Limited To ... **New York City Philadelphia** Chicago **Los Angeles** San Francisco **Minneapolis Nashville Anchorage Oakland** St. Louis Detroit **Baltimore**

> -----**Arkansas Tennessee** Louisiana **Alabama** Alaska



Appoint YOURSELF As Your Own "Designated Protector" and **Encourage Every** Family Member To Do The Same For Herself or Himself!

DETAILS ABOUT THIS ... No. 25 on Page 8







A Gift From

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING M



NOW INCLUDES FREE "THE 13-POINT SHORT FORM-EVERY-SINGLE-DAY PHYSICAL SECURITY CHECKLIST™" For You, Every Member of Your Family, Church, Company or Neighborhood on the following pages: 93, 96, 98, 100, 102, 104, 106, 108, 110, 112, 114, 116, 118. ADDITIONAL TRAINING will be found on pp. 29, 31, 51, 120, 127, 137. Please email ceo@interpersoninc.com with your Comments about This Family Security Material. Help Make Your Family & America UNTERRORIZABLE!™

Interperson®

14 February 2018 ... Parkland Florida School Shooting ... 17 Pronounced Dead Within the First 4 Hours





Inter Inter

Adults & Children
All Across The
World Are Today,
and Permanently
Into the Future Feel,
Far More Secure.
Because They Have
Trained Intensively
on the Ready-CalmAlert Factors™ On
These Pages.

IRREVERSIBLE-TRAGEDYAVOIDANCE TRAINING™ ...
INTERPERSON® WOMENCHILDREN-FAMILY ...
FREE DAILY & WEEKLY CHECKLIST & DRILLS







Women, Children & Family Security Awareness

Interperson's W-C-F Security-Failure-Prevention Training™
The Project To Eliminate ALL Violence & Prepare To Survive
Terrorism Against Women, Children & Families™

In 2023, anyone has the choice to duck his/her head and decide that there is no Terrorism threat within the United States. Anyone also has the choice to be fanatically hyper-alert and all but paranoid nearly all the time about Terrorism. In our experience, neither of these saves lives or allows an individual to stay calm in the face of the Threat of Terrorism, hammered at Americans as it is after just casual regular viewing of television, network or cable. The W-C-F **Security Training™** Approach outlined below is designed to be 100% Workable in your world right now with the Threat of Terrorism exactly as it is. But W-C-F Security Training™ will Never Rise To the Level of even 50% Workable in your family if only looked at superficially or only looked at once, or only looked at by one parent or teenage child, etc. What we recommend instead is that one parent to begin with, and both where possible, review W-C-F **Security Training™** once through, in this Introductory Package. Then afterward, everyone should register to take the Soon-Available Training Quizzes multiple times until the material is as natural in use and intuitive as knowing where your driveway is or how to get to the supermarket. IN OUR OPINION, THE BEST DEFENSE AGAINST TERRORISM IS TO MAKE AMERICANS AND AMERICA UNTERRORIZABLE!

All Footnotes will be found at the very end of this Checklist.



Women, Children & Family Security Awareness

Interperson's W-C-F Security-Failure-Prevention Training™

Like you, at Interpersori®we have a great interest in seeing to it that our Children have an opportunity to be raised in the safest possible environment. Unfortunately, today we find that in many of our neighborhoods, conditions (Terrorist threats included) exist which not only threaten the environment in which we raise our Children, but also put the very safety of our Children at risk.

The Interperson® Family Security Program delivers a set of tools, which can save the life of your Child, in terms of avoiding, deterring and terminating a (potential) violent, (even Terrorist-based) encounter. At Interperson® we have teamed with Security professionals to

develop a program to assist the Parents of Young, Teenage and Fully Grown Children, to work with their Children to develop and implement a Family Team Approach to Family Security. Receiving and using This **Primer** as directed is the most important first step towards achieving Family Security. But, you can do more for your Children and your Family. The basic principles of Security awareness taught in this Family Security Training™, TO HAVE LIFE-SAVING VALUE, WORK BEST WHEN INCORPORATED INTO THE DAILY LIVES OF YOUR FAMILY MEMBERS. This Introductory Primeri, the Basic Skill Set taught of The **Interperson**® Family Security Program, will facilitate a better understanding of the Potential Threat **Environment (including from** Terrorism) you and your Child face in the conduct of your daily lives.



The information in this Primer is derived from the research and experience of Interperson® Executives and Staff. We have integrated conventional Security concepts,



along with lessons derived from years of experience with ◆ Advanced-Breakthrough Brain Science, combined with ◆ Long-Tested Data from Elite US Military Counter-Terrorism and Intelligence Units, as well as ◆ Far-Ranging Expertise from Structural and Wildland Firefighters (proficient in fighting fires ranging from those occurring in high-rise offices and apartments to the forests of the Rocky Mountains). From these varied sources, we have culled out key lessons which we have brought together into A WORKABLE SECURITY APPROACH we call the TOTALⁱⁱ SITUATIONAL AWARENESS PROTOCOL[™], iii or T.S.A.P.[™].

T.S.A.P.™ provides a workable, systematic approach that enables Parents to identify potential problems early on, contain problems before they grow out of control, and defuse problems using the most efficient means available. The tools taught that make up T.S.A.P.™ are the same ones learned by Elite Military Personnel, Diplomatic Families on assignment in hostile, overseas environments, and those learned by the Nation's Best Firefighters before they enter a burning building or jump into a raging forest fire. What we have done is to take these tools and adapt them to the Security Environment faced by virtually every American Family today. The specific environments may be different, but the basic skill sets remain unquestionably the same.

The various elements that comprise the **Total Situational Awareness Protocol™** have been broken down into 8 elements, which are represented using the following Acronym:

<u>"T-H-I-S</u> is <u>M-E-P-A</u>".

"T-H-I-S is M-E-P-A's"

8 Elements are divided into Two 4Element phases. T-H-I-S is a Four (4)
Element Mental Preparation Protocol
required by the student for T.S.A.P.™
to be effective. M-E-P-A is a Four (4)
Element Personal Evaluation Analytical
Process that enables the Student to
assemble the information and insights
that lead to Total Situational
Awareness™.







Professional Protection Experts'

Ready-Calm-Alert™ Factors ... Part A

Part A: The very best firms hired to Protect Government Officials, Wealthy Families, Entertainment and Business Celebrities all share a concern with the Members of <u>Your</u> Family, but even more so: THEY HAVE TO BE VERY CONSCIOUS (their jobs and reputation depend on it) of all the Factors that go into protecting the Clients they've assumed the Responsibility to protect. Since 1960, throughout the World, <u>OVER 400 MAJOR RECORDED ATTACKS</u> on persons in various, very <u>public</u> walks of life ::: Media, Sports and Movie Celebrities; Court Officials, other nationally known & recognizable figures; State, County & Local Officials, business executives, Members of Congress & Heads Of State <u>HAVE BEEN SUCCESSFUL</u>, with deaths outnumbering "injuries". In the same period, using the same criteria for statistical inclusion or exclusion, <u>ONLY 190 ATTACKS HAVE BEEN UNSUCCESSFUL</u> by comparison.

Herein is a list of some of the key Ready-Calm-Alert Factors (RCAF's) that Protection Experts have developed by trial and error, to maximize their likelihood of success in doing their jobs. The reader should note that even The Best Protection Experts, who serve the wealthiest and best-resourced people, corporations and governments in the world over the last 50 years, could be Estimated To Have Only Succeeded 2/3 Of The Time - AND THESE WERE/ARE THE PROS! To protect your Family, your focused attention on this Primer is clearly a very good idea.

RCAF: 1 ... 75% of all those who attack others undeservedly, without provocation, would be labeled if categorized by a knowledgeable, responsible professional criminologist as "mentally imbalanced".

RCAF: 2 ... Most attackers "work alone".

RCAF: 3 ... Attacks are as likely indoors as outdoors.

RCAF: 4 ... If a weapon is involved, either guns or knives can be equally likely.

RCAF: 5 ... The majority of successful attacks occur/start from less than 25 feet away.

RCAF: 6 ... All attacks whether successful or not, happen "In The Present Moment" or "NOW!"

RCAF: 7 ... Any attacker's "Attack Commitment Point" is always happening "RIGHT NOW!"

RCAF: 8 ... Any Protector's/Potential Victim's "Attack Recognition Point" is "RIGHT NOW!"

RCAF: 9 ... Protection "in time" before any damage is done, is the very best Protection there is.

RCAF: 10 ... Protection Professionals are never embarrassed about being Super-Vigilant.

RCAF: 11 ... More than 75% of all attacks, successful or not - are "close guarter" attacks.

RCAF: 12 ... The time-space factors in an attack FAVOR PROTECTORS if they are prepared.

RCAF: 13 ... A primary Attacker motive is to rob a Victim of the power to control his own space.

RCAF: 14 ... To repel any attack, one has to be "in the current moment" mentally.

RCAF: 15 ... Being "in the current moment" ALL THE TIME is beneficial to anyone.

RCAF: 16 ... It is safer to imagine Every Stranger As A Potential Attacker (without getting stressed or paranoid about doing so) than to imagine every stranger is most likely "a good guy". This doesn't mean you don't meet lots of new people or must avoid strangers or stay home all the time. Be very social in life, however it suits you. That said, consider everyone you don't know very well (meaning Be Ready To Deal With Any Stranger As) A Potential Attacker. RCAF: 17 ... Always identify "The Best" Attacker Suspects you see around you in any environment, knowing virtually all will never be such. It is safer to do so than not. It MAKES YOUR READINESS for any actual attack from whatever source MUCH, MUCH BETTER!

Let's take a closer look at the first of the **T.S.A.P.** $^{\text{TM}}$ components, the mental preparation aspects we refer to as $\underline{\text{T-H-I-S}}$.

T-H-I-S stands for the following:

THREAT AWARENESS,

HARD Target vs. SOFT Target Awareness,

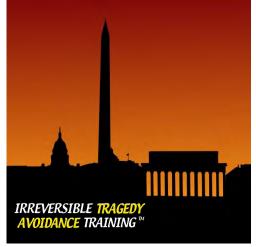
INCIDENT TRIANGLE, and

SITUATION SIZE-UP.

We invite you to go through each of these components individually, below.

The first, and perhaps most important aspect of T.S.A.P.™ Mental Preparation is the 100% acceptance of the concept that <u>There Is A Threat Out There</u>. This is critical, regardless of whether you are a soldier in combat, a firefighter inside a burning building, or a Parent of a young Child. If you operate oblivious to real threat, you will eventually succumb to that threat. The initial requirement for T.S.A.P.™ is recognition that <u>You Operate</u> In A Threat Environment. This should always be on your

mind. The moment you forget this,



you stop taking the appropriate measures necessary to navigate safely in a given threat environment, and you can be defeated. For a soldier and firefighter, this means you die. For a Parent, it means that you put you and your Child at risk for abuse, abduction, or far worse. Step One, the first and most important step: THREAT AWARENESS.



Once you've adjusted your thinking to accept the reality

that You Operate In A Threat Environment, the next step of <u>T-H-I-S</u> is to differentiate between being a "<u>Hardiv Target" versus a</u> "Soft" Target". We all understand the concept of the path of least resistance. It is applicable to a wide range of **life's** issues, and **Security** is no exception. Most perpetrators of violence, i.e., terrorists or criminals, seek the path of least resistance. It is part of the human tendency towards self-preservation.



Gaza October 2023



Professional Protection Experts'

Ready-Calm-Alert[™] Factors ... Part B

Part B: We have compiled a list of some of the key Ready-Calm-Alert Factors (RCAF's) these Professionals have developed to maximize their chances of success in doing their jobs. The reader should note that even the best Protection Experts, who serve the wealthiest and best-resourced people, corporations and governments in the world over the last 50 years, have Only Succeeded 2/3 Of The Time - AND THESE WERE/ARE THE PROS! To protect your Family, your focused attention on this Primer is clearly a very good idea.

RCAF: 18 ... When entering any unfamiliar space, make sure you can move freely through or out of that space if or when needed.

RCAF: 19 ... When entering any new or unfamiliar space, learn ahead of time the routes in and out, plus whatever you can about the layout of the building or space; how long it could take to exit if you needed to.

RCAF: 20 ... It is best to maintain a distance of 25 feet between you and anyone you do not need or choose to be closer to. Whenever it isn't socially awkward, keep this distance (25 ft.) between you and anyone unfamiliar to you.

RCAF: 21 ... Without looking unfriendly or menacing, nevertheless look ready to respond if someone were to make a hostile move in your direction. This is most easily and comfortably done by looking around you calmly (never frantically) and relaxedly but continuously. Don't appear or position yourself so as to be distracted or preoccupied or able to be easily blindsided or startled. RCAF: 22 ... As you move around within or around any space in which you might find yourself, be aware from time to time minimally and at all times optimally, of how far you are from the closest,

RCAF: 23 ... Remain mentally and physically "In The Present Moment" to be ready to handle any potentially hostile attack or move by someone known or unknown to you. (Note: W-C-F has training methods to help individuals increase the ability to do this.)

fastest exit.

RCAF: 24 ... An Attacker's "Attack Commitment Point" is usually signaled by sudden movement. So remain alert to sudden movements around you at all times; and to be especially safe, have decided upon where YOU would move to if a given sudden movement in someone else, unexpected, were in fact to occur.

RCAF: 25 ... A useful mindset is to "hire yourself" as your own Protector. That way, your normal interactions with people are less disturbed because a separate part of your brain can be assigned to detect threats, should any occur around you. The human brain is capable of being "functionally partitioned". Like a basketball coach who can briefly look into the stands to wave to his family as "Dad", yet turn back to the court and immediately resume the persona of "Coach", you can assign parts of your brain, merely by deciding to, to protect you while you are otherwise engaged. The more you try and practice doing this the more fluid it becomes.

RCAF: 26 ... When protecting a child, if you are 15 feet or more away should someone attack or seek to abduct your child, your chances of preventing it sink to near zero. If you let any stranger get within 25 feet of your child and they are also an attacker, their chances of doing harm successfully, soar upward; and even when YOU are closer than 15 feet to the child, an inside-the-25-foot-perimeter attacker has a huge advantage.

In the context of Security, trouble congregates where trouble can fester. If you add a police patrol, good lighting, camera surveillance, or any of a number of other measures, trouble will migrate to another environment more conducive to its breeding. In that regard, provided with a range of options, most criminals and terrorists will pick the easier target: the one less likely to put up significant resistance. When a perpetrator of violence finally selects his/her target, it will be based on ease of access likely to result in the least amount of difficulty or harm to the violent perpetrator. This means that The "Hard Target" is Avoided; the "Soft Target" Selected in its stead. This is basic common sense, yet not practiced by most potential especially actual victims of a violent encounter. Simply Being Aware That A Threat Exists Makes You A Harder Target than those who walk about oblivious to the possibility of an abduction or terrorist act. Every action taken from that point on to alert you to the possibility of threat or danger, to avoid locations where danger may lurk, and to deter threat or danger through a variety of mitigating actions only adds more armor to your protection. Be the "Hard Target", and increase your chances of avoiding a violent abduction or encounter.

In order to better assist you in avoiding a violent situation, one needs to better understand the basic elements of what at Interperson® we refer to as the third element of T-H-I-S, "I"... The Incident Triangle. This notion is derived from what Firefighters refer to as

"The Fire Triangle": Fuel, Heat, and Oxygen. All three are required for a fire to burn. If you remove any one element, the fire goes out or never starts. The same concept applies to The Incident Triangle. We have three elements: Victim, Perpetrator, and Environment. All three must come together for the incident to occur. Remove ONE of these elements and there is NO INCIDENT. To avoid being a "victim",



you have to assume the greatest control over your own actions. Simply being aware that a threat environment exists, and by taking measures to make yourself a "Hard Target", you have already done very, very well in removing yourself from An Incident Triangle. But you can do more. You also can influence how you interact with your Environment: Do you or your Child ever walk alone at midnight? • Do you or your Child ever park a car on the far side of a parking lot, where there are no lights? • Do you or your Child ever decide to shop in a part of town with a high crime rate vi, versus driving five more minutes to a safer locale? Simple decisions, yet ones that determine the Environment you and your Child operate in. For the most part, you can nullify any perpetrator. You do it: a] by simply being aware that such people exist; b] by taking appropriate measures to harden yourself as a potential target; and c] keeping the concept of The Incident Triangle in mind AT ALL TIMES. These 3 are what you do to Keep The Three Elements — Victim, Perpetrator, Environment — From Coming Together.



Professional Protection Experts'

Ready-Calm-Alert[™] Factors ... Part C

Part C: We have compiled a list of some of the key Ready-Calm-Alert Factor (RCAF's) these Professionals have developed to maximize their chances of success in doing their jobs. The reader should note that even the best Protection Experts, who serve the wealthiest and best-resourced people, corporations and governments in the world over the last 50 years, have Only Succeeded 2/3 Of The Time - AND THESE WERE/ARE THE PROS! To protect your Family, your focused attention on this Primer is clearly a very good idea.

RCAF: 27 ... In protecting anyone, keep your hands raised to belt level whenever possible. Oddly enough, this acts as a "body language" deterrent to a would be attacker/abductor if You are no further away than 15 feet.

RCAF: 28 ... If an attack/abduction commences and from 15 feet or closer you intervene in front of the Attacker, shouting "Back Off or "Child in Danger", <u>You Can Cause The Attacker To Lose Fine Motor Control Because Your Doing So Increases His/Her Heart Rate</u>. IF YOU DO IT LOUDLY ENOUGH AND FAST ENOUGH AND REPEATEDLY YOU CAN OFTEN STOP THE ATTACK WITHOUT HAVING TO USE THE PHYSICAL FORCE OF YOUR BODY, HANDS OR FEET.

RCAF: 29 ... Ironically, while all attacks happen "NOW!", if you have chosen to learn, look for and trust the Prior-To-Attack Signals listed below, you will typically spot a dangerous person well before any Attack/Abduction Attempt occurs, and "will have all the time in the world", or so it will feel, if you've stayed close enough (less than 15 feet) while protecting the distance around your child by maintaining a 25 foot perimeter between him/her and any stranger.

RCAF: 30 ... Prior-To-Attack Signals (Behaviors of a Possible/Likely Suspect-Attacker) include:

- 1- <u>Excessive Explanation or Narration</u> That "collars or traps" the Listener (Intended Victim); -
- 2- <u>Unwarranted/Insulting Labels</u> that "dare" the Listener (Intended Victim) to hang around the Attacker vs. being rude or ungrateful;
- 3- <u>Imposed Participation "Demands"</u> that "socially demand/coerce" the Participant (Intended Victim) to unwillingly take part in some "activity", such that it creates an embarrassing situation for the coerced-participant (Intended Victim) to avoid or decline participation

IRREVERSIBLE TRAGEDY
AVOIDANCE TRAINING™



This brings us to the 4th aspect of the Mental Preparation Process — Situation Size-Up. In any potentially dangerous Environment, whether Combat, Law Enforcement or Firefighting, the professionals involved are reminded to constantly Size-Up the Situation. • Where are you? • What is happening around you? • Who else is involved? There is an old saying among Military Personnel that Time Spent In Reconnaissance VII Is NEVER Wasted. The more you know and understand about the Environment you are operating in, the better off you are and ultimately, from a Security standpoint the harder a target you become. Before a Firefighter rushes into a building, He is reminded simply to stop, look and listen. • How big are the flames? • What color is the smoke? • Is the building making noises that might indicate impending collapse? All the data gathered in that 5-second pause might make the difference between life and death.

We can apply this same lesson in day-to-day life. Before getting out of your car at a parking lot, stop, look and listen. Have other cars blocked your exit from the vehicle? • Are there people standing around with no apparent cause or focus? • Are there lights near where you parked? • Are there other shoppers like yourself (keeping in mind the notion of safety in numbers)? • As you walk to and from your destination, be aware of the people around you. Avoid dark areas, or places where visibility is limited. In short, be aware. Situation Size-Up brings with it, i.e. leads one to ... Total Situational Awareness.

By combining All Four Elements presented here • Threat Awareness, • Hard Target versus Soft Target, • Incident Triangle and • Situation Size-Up - The Four Key

Components of T-H-I-S -- you will have prepared yourself mentally to operate in any given threat Environment. Much of what is set forth in this Primer qualifies as "mere" common sense. What we have done is organize it logically so that Parents and their Children can better identify, understand, and most importantly, implement these common sense processes into the Family's daily routines.

We view T.S.A.P.™ as a 2-Part process, T-H-I-S being Part 1. T-H-I-S provides the Parent and Child with the ability to better apply the Personal Evaluation And Analytical Tools provided in the second half of the Total Situational Awareness Protocol™, that being M-E-P-A —



a <u>Personal Evaluation/Analytical Tool</u> that brings under control, factors relating to Mission, Environment, Population, and Actions as they apply to you, a Parent and your Child and the world you both live in. But M-E-P-A by and of itself is 95% less valuable than it would/could be unless those applying M-E-P-A have properly prepared themselves mentally to operate in a threat Environment. You can't get to M-E-P-A without <u>T-H-I-S</u>. <u>T-H-I-S</u> prepares you to better receive, understand and apply the M-E-P-A Skills that will be presented to you below in this Primer. <u>T-H-I-S</u> can save your life, and the life of your Child.

As previously mentioned, M-E-P-A is a Personal Evaluation and Analytical Tool which allows the student/family to increase his or her/their ability to better understand, and therefore operate safely, in any given environment. Like T-H-I-S, M-E-P-A is also a 4-part process, standing for Mission, Environment, Population and Actions. Let's look at each one of these 4 parts individually, starting with Mission.

Every situation or relationship you are involved in has a reason for being. We refer to this "reason for being" as your Mission. Recognizing, acknowledging and understanding your Mission is the first step to attaining **Total Situational Awareness**. The Mission should define everything you do in a given situation. Simply put, you can't obtain Mission accomplishment if you don't know what it is you are supposed to be accomplishing. At Interperson®, we leave it up to you, as a Parent, to define the specifics of your Mission vis-a-vis the **Security** of your Child. When it comes to Interperson's Program of Instruction, we believe that the primary Mission is achieving a **Secure Living Environment** for your Child. We believe this should be your first goal; this should be the first Mission. Why do you want a **Secure Living Environment**? So that you and your Child can go through life free of the intimidation brought

about because of the uncertainty and (now) terror engendered by a life-threatening **Environment**. That should be your first Mission: to raise your Child in the safest possible **Environment**. When applying the **Total Situational Awareness Protocol™ to** your Mission of providing a Secure Living **Environment**, Parents can never forget that Mission. It is also critical to note that this is not an exercise solely for a parent. As in the Interperson® instruction, the Total Situational Awareness Protocol™ requires a Family-team effort. When working as part of a team, it is therefore critical to know and understand the Missions of those with whom you will be interacting, to ensure that there is a smooth and frictionless interaction between all involved. As such, it



is vital, when developing each Mission Statement that as a Parent, you seek the interest and



participation of your Child by way of discussions which verbalize these Mission
Statements. It is imperative that everyone involved in creating Mission Statements on what defines a Secure Living Environment agree on multiple unified, adapting Mission
Statements. This should be a Joint Exercise between every Parent and Child that is always ongoing and which is never "shelved" for any reason.

To help facilitate such a discussion, we have outlined some possible lines of discussion between a Parent and Child concerning Missions Statements development:

Why are we doing what we are doing? (Big picture and in selected smaller situations – e.g., playing on the school playground, field trip with schoolmates, walking to or from a dance class in a parking lot, etc.)

Why does a **Secure Living Environment** matter?

What are our Goals and Objectives in having this conversation?

What are the Responsibilities of a Parent in creating a **Secure Living Environment**?

What are the Responsibilities of a Child in creating a **Secure Living Environment**?

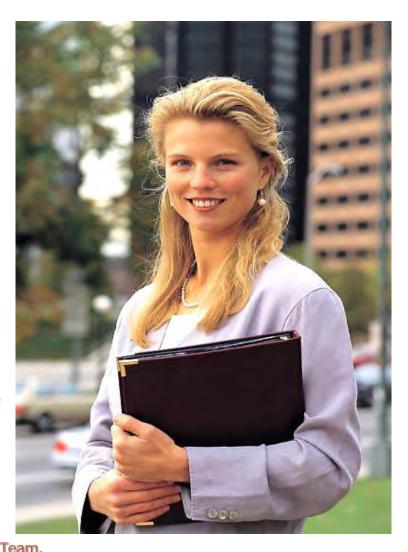
Are there any Points of Friction between the Parent(s) and Child(ren) regarding these responsibilities?

If so, what are they?

How can they be resolved?

Considering all of the **above** ... What is the current, agreed upon Joint Parent-Child Mission Statement concerning the creation of a **Secure Living Environment**?

Understanding the Mission
requirements of the entire Parent-Child team
will enable Actions to be developed that not
only meet individual Mission goals and
objectives, but also those of the Parent-Child Team.





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The W-C-F Security Training™ Approach outlined above is designed to be 100% Workable in your world right now with the Threat of Terrorism exactly as it is. But W-C-F Security Training™ will Never Rise To the Level of even 50% Workable in your family if only looked at superficially or only looked at once, or only looked at by one parent or teenage child, etc. What we recommend instead is that one parent to begin with, and both where possible, review W-C-F Security Training™ once through, in this Introductory Package. Then afterward all should register to take the Soon-Available Training Quizzes multiple times until the material is as natural in use and intuitive as knowing where your driveway is or how to get to the supermarket.

IN OUR OPINION, THE BEST DEFENSE AGAINST TERRORISM IS TO MAKE AMERICANS AND AMERICA UNTERRORIZABLE!

There cannot be a **Secure Living Environment** without this understanding.

Once you have reached a fundamental understanding of the Mission Statements associated with establishing a **Secure Living Environment** as it applies to your unique Family situation, you can move on to the second element of the M-E-P-A Personal Evaluation and Analytical Process, that being Environment.

The area in which you conduct this Mission, Your Environment, if intimately known can be one of your best allies. If only poorly understood, it can be your worst enemy. While you live and work every day in Your Neighborhood, you might well be surprised by just how poorly you understand the reality of Your "Area Of Operations" -- the world you and your Child live in. The fact is that as a Parent, you must have a complete knowledge of your Child's "Operating Environment" before you can speak of creating a Secure Living Environment for him or her. You CANNOT SECURE THAT WHICH YOU DO NOT UNDERSTAND. Earlier in this Primer, we noted that in the military there is a saying that TIME SPENT IN RECONNAISSANCE IS NEVER WASTED. So let us now carry out a reconnaissance of your Child's area of operations: Together with your Child, sit down and discuss the world he or she lives in. Where do they like to go to play? • Which friend's homes do they visit on a regular basis? • How do they get there? • By what means do they travel? • How do you and your Child communicate during each phase of your Child's movement during the day? • How do all of these factors impact on your multiple joint Parent-Child Mission Statements regarding the creation of a Secure Living Environment?

These questions are a fraction of those that must be asked by you of your Child, and answers known and understood before you can say you understand the Environment in which your Child operates. Let your Child contribute questions, as well. Go so far as to let the Child help you scrutinize Your Own Security Environment, as an adult. Get them to "own" the subject of Family Security. TOGETHER, YOU CAN BUILD AN ACCURATE PICTURE OF THE



WORLD YOUR CHILD OPERATES IN. Learn to see this world from your Child's perspective. You must become totally familiar with your Child's world so that you and your Child can better control it, as opposed to it controlling you and them, tragically, in far too many cases to their detriment.





So far we have covered two of the four M-E-P-A elements — Missions and Environment. We have suggested some Thought and Communication Exercises designed to better understand your Missions as a Parent - Child team seeking a Secure Living Environment, and how this Mission is impacted by the physical Environment in which you and your Child operate. Next, we are going to expand your understanding of your Child's Operating Environment by "Populating" vill it with the people your Child will be interacting with on a daily basis, the people who have the ability to facilitate or hinder your objective of implementing a Secure Living Environment.

Understanding the Population inside your Child's area of operations is absolutely essential to Mission accomplishment. • Who are their friends? • Who are their mentors? • Who are their teachers? • Are there gangs at their schools or anywhere else they frequent? • Similarly, are there ... Drug dealers? • Child Predators? • Police? • Neighbors? • How do these groups interact? • What is acceptable interaction? • What interaction results in friction? • What are the potential sources for friction? By having the courage to Populate your Child's life Environment your situation as a Parent becomes clarified as being more involved than you might have predicted in keeping your Child Secure. It is vitally important to know and understand the various Population dynamics of the different groups who Populate your Child's areas of activity. Who are these groups? • What are their schedules?



• In the conduct of a daily working

Environment, there are patterns of group
activity that are considered the
norm. Knowledge of these patterns is essential
in determining if you are facing a "normal" or an
"abnormal" situation. Early identification of an
abnormal situation is critical in resolving a
potential encounter in a Mission friendly
manner, one that has the least possible
disruption on your primary Mission of creating a

Secure Living Environment. So, as with our earlier exercises concerning Mission and Environment we ask that you once again sit down with your Child, and together discuss the Population of the world in which he or she lives.

You cannot be in control of that which you don't understand. A complete and intimate knowledge of those who Populate your Child's area of operations, and their respective functions and schedules, is critical to achieving Total

Situational Awareness™ and a prerequisite for creating a Secure

Living Environment.

We have worked through 3 of the 4 elements of the M-E-P-A
Personal Evaluation And Analytical Process — Mission, Environment,







and Population. We will now discuss the fourth and final element, that of Actions.

Once you understand your Mission, Environment, and Population factors, you need to develop appropriate Actions designed to identify, contain and defuse any potential Security problem once it emerges. Early problem identification is critical to maintaining an area of operations conducive to a Secure Living Environment.



Information gathering is vital. There must be constant "Eyes On Target". Presence is everything, and one must keep in mind that Physical Presence Is Better Than Remote Presence — e.g., eyeballs beat cell phones since Children respond better to a human than they do to a machine. Early identification of any potential problem in the Child's area of operations must lead to early investigation by the Parent, ideally conducted

jointly with the Child, who matures to become a partner on the **Secure Living Environment**Team. At this point, the issue of Actions becomes critical. Who determines what constitutes an abnormal situation? • How is it reported? • Who initiates action? These questions must be thought out beforehand. There must be standard procedures which guide the interaction between the Parent and Child developed with the Mission, Environment and Population factors in mind, which have been discussed and learned by all involved (Parent and Child alike) which are agreed upon and which they acquire adequate resources to implement.

Every Action must be in accordance with a preplanned, well-rehearsed series of options that are known to be available to deal with any given situation. Don't agree that cell-phone communication will be maintained without first making sure there are sufficient cell phones available to carry out the plan (and a way to keep batteries charged during long periods away from home). Understanding of Mission requirements, combined with a complete comprehension of the Environment and Population of your Child's operating area, will enable the appropriate Actions to be devised, which will help predict and prevent most Security threats, and rapidly identify and mitigate those that would be otherwise unavoidable.

The specific Actions that you as a Parent decide upon, together with your Child, in response to a given situation cannot be dictated to you by outsiders, BUT RATHER MUST BE DEVELOPED YOURSELVES THROUGH A PROCESS OF PERSONAL EVALUATION AND ANALYSIS. A Secure Living Environment as a goal and objective can only be achieved once you, the Parent, have developed a sense of Total Situational Awareness™ regarding your Family Security Mission and your



Child's Operating Environment. Interperson® CANNOT teach you, prepackaged, all about Total



Situational Awareness™. YOU WILL HAVE TO LEARN IT BY GOING THROUGH THE PROCESS STEPS OUTLINED ABOVE! IF YOU DO, YOU WILL FIGURE IT OUT! We will assist your learning BY COMMITTING OUR FIRM TO BEING AVAILABLE TO ANSWER QUESTIONS concerning the process, "T-H-I-S is M-E-P-A" to achieve a Secure Living Environment via Total Situational Awareness™.

Interperson[®] is pleased to have introduced you to **the** "T-H-I-S is M-E-P-A" process, and in doing so we strongly believe that we have given you workable tools necessary to achieving **Total Situational Awareness™** as it applies to the goal of creating a **Secure Living Environment** for you and your Child. "T-H-I-S is M-E-P-A" is a simple and direct way to analyze and solve problems, via specific solutions. This Analytical Methodology should be viewed as a precisely targeted component of the basic **Security** philosophy set forth in the Interperson® program. Between the two, we are confident that you and your Child have the means by which <u>you</u> can create a more **Secure** and thus more enjoyable life together free of intimidation, fear and perhaps most importantly **Maximally Free** of **Tragedy**.

Thank you. The Board of Directors











In 2023, anyone has the choice to duck his/her head and decide that there is no Terrorism threat

within the United States. Anyone also has the choice to be fanatically hyper-alert and all but paranoid nearly all the time about Terrorism. In our experience, neither of these saves lives or allows an individual to stay calm in the face of the Threat of Terrorism, hammered at Americans as it is from nothing more than a casual viewing of television, whether network or cable.

The W-C-F **Security Training™** Approach outlined above is <u>designed to be 100%</u> Workable in your world right now with the Threat of Terrorism exactly as it is.

But W-C-F **Security Training™** will Never Rise To the Level of even 50% Workable in your family if only looked at superficially or only looked at once, or only looked at by one parent or teenage child, etc. What we recommend instead is that one parent to begin with, and both where possible, review W-C-F Security **Training™** once through in this Introductory Package. Then afterward register to take the Soon-Available

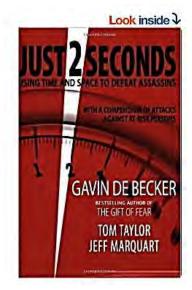
Training Quizzes multiple times until the material is as natural in use and intuitive as knowing where your driveway is or how to get to the supermarket.

IN OUR OPINION, THE BEST DEFENSE AGAINST TERRORISM IS TO MAKE AMERICANS AND AMERICA UNTERRORIZABLE!





Highly Recommended Reading ... Available at www.amazon.com



Just 2 Seconds Paperback - July 1, 2008

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Think of every assassination you've ever heard about. For most people, a few of these major ones come to mind: Caesar, Abraham Lincoln, John Kennedy, Martin Luther King, Mahatma Gandhi, Indira Gandhi, Anwar Sadat, John Lennon, Israel's Prime Minister Rabin, Pakistan's Benazir Bhutto. From start to finish, all of these attacks combined took place in less than one minute. And the hundreds of attacks studied for this book, all of them combined, took place in less than a half-hour. Those thirty minutes, surely the most influential in world history, offer important insights that can help today's protectors defeat tomorrow's attackers.

This 650-Page Book Contains:

An original work of new insights arising from ten years of research;

The Five Essential Lessons for protectors;

The Compendium - 400 pages of summarized attacks, near attacks, and incidents against at-risk persons all over the world from 1960-2007, more than 1400 entries; and the Appendices - More than 100 pages of additional material and resources.

▲ Read less

^v **Def. SOFT ... yielding readily to pressure; easily penetrated, divided, intimidated or changed; not strong or robust;** delicate; incapable of great endurance or exertion: *He was too soft for the Marines.*





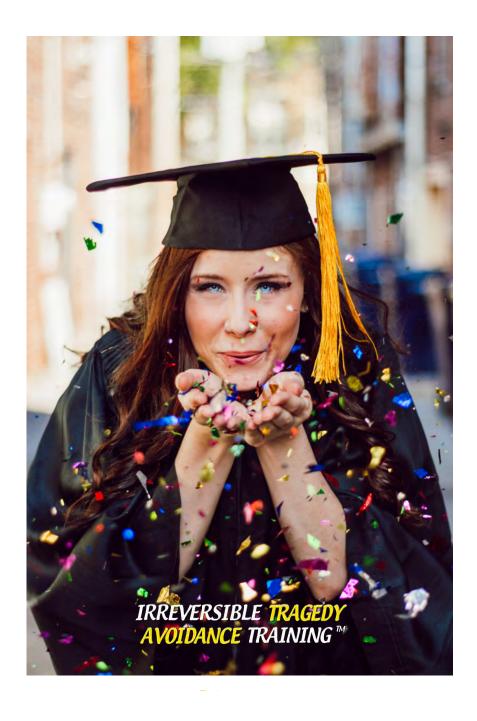
Def. PRIMER ... study book for teaching fundamental concepts and skill: Watching Yankee great, Joe DiMaggio play any 3 games in the field was without doubt a primer on how to play centerfield in the majors.

^{*} Def. TOTAL ... involving all aspects, elements, participants, resources, etc.; unqualified; all-out: total war.

^{III} **Def. PROTOCOL ... the formal plan including all the steps for precise execution of the plan, used to conduct military** operations, scientific studies or any important task or series of tasks, in the achievement of a definite objective 100% of the time: *The Security protocol for that university was lacking.*

[™] Def. HARD ... difficult to deal with, manage, control, overcome, or understand: a hard problem.

- **Re: "HIGH-CRIME-RATE AREAS" ... Do you even know, in fact, where the high-crime rate areas ARE in the neighborhoods you routinely visit, stop in or pass through????? How could you find out now and stay abreast of changes from time to time, consistently in the future?????
- vii **Def. RECONNAISSANCE ... Military:** a search made for useful military information in the field, esp. by examining the ground. 3. *Survey.*, *Civil. Engineering:* a general examination or survey of a region, usually followed by a detailed survey.
- viii Def. POPULATING ... In Normal Use ... means to supply an area with inhabitants: People of all races came from South America, Central America, Africa, Europe and Asia to eventually populate The Cities of America ... Here the term is borrowed/stretched to indicate ... "identifying people who ARE ALREADY in an Environment, who were theretofore unnoticed, unaccounted for or at least not focused upon.": The Lieutenant quickly populated the trees surrounding the small clearing and discovered that he and his men had been lured into a trap.





Why The TRUSTCard® Is What America Needs Right Now

- It strongly helps to keep Communication Channels open between people: First by keeping the User willing and able to communicate (freed from Immediate Stress); Second, by acting as a non-invasive unifying element between people who may use it together
- It can be once distributed, "everywhere", while law enforcement and other forms of support cannot possibly be everywhere at the same time
- It would be incredibly affordable to get to every American from the age of 12 and above



• It now comes with a complete training course accessible online which means that anyone who was paying the slightest attention to

the factors in the world that cause upset and anxiety can learn how to use it and counter and even reverse those

- It is based on incontrovertible science that has been researched in thousands of locations around the planet for decades
- It helps to bring people together rather than cause them

to be isolated as has been noted with respect to alternatives like social media



- It is non-pharmaceutical and therefore cannot become in any way habit-forming or cause a chemical dependency or related addictive antisocial behavior or attitudes in the user
- Upon receipt it can be used with immediate benefit by any literate person and also based on well-grounded science does not require even a high school education to be usable
- It is usable by children as young as 9 years old and can be used with anyone who can count or add and subtract



- It does not have a "shelf life" and it does not stop working as the human brain does not become habituated to it
- It has short term benefits and long term benefits, e.g. re the latter... extended use over years raises the stress and intimidation threshold of an individual much higher than when they begin its use

 It helps organizational employees and executives to work in greater coordination while also helping families to deal with and sort out common problems absent extreme emotional dramatizations

• It produces an increasing calm awareness and alertness to the environment around an individual and replaces for example with students the need for drugs like Adderall to allow them to focus and continue in school



• In sports it promotes team play, good sportsmanship and reduces any tendency to want to use performance enhancing drugs because performance is enhanced by its cognitive benefits to the user without side effects

- With respect to relationships it promotes parity between genders, cooperation, empathy and contributes to producing an oxytocin dominance in the brain vs the stress hormone
- It improves organizational awareness without dictating a system of thought or belief or being in any way invasive of the independence of the user

• It does not require membership in any group or an adherence to any philosophy; it does not contradict nor attempt to replace or in any way

mean to or in effect act to reduce the importance of religious belief in any user

- It works quickly especially when used precisely according to instructions, but even when less precisely used can be utilized multiple times within an hour or a day or long term
- It acts to unite people and not to divide them and does not create the appearance of a clique or inside group vs outsiders



IRREVERSIBLE TRAGEDY
AVOIDANCE TRAINING™

- It does not require a therapist to learn or apply, it can be used in the course of any activity without the individual user calling attention to him or herself compared for example to meditation
- Its scientific basis means that an individual user learns and becomes increasingly confident in negotiating his or her brain capacity and functions in a positive social context
- It promotes and facilitates the natural tendency of the human brain to act according to the Golden Rule
- It occupies an extremely small amount of anyone's time to use, with immediate and continued, as well as accumulated benefit; and does not become and in fact cannot physiologically become obsessive or fixational due to the brain dynamics on which it is based



The TRUSTCard® Protected by Two

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ALSO ...

Anger

Sadness Hatred Despair

Confusion





1... 5-15x Every Day: When You Don't "Feel Stressed"! 2... Any Moment You Realize You Are "Feeling Stressed"!

 During or Prior to Doing/Deciding Anything Important! 1st Thing After Waking; Last Thing Before Bedtime Daily!

5... <u>At Moments of Anxiety, Fear, Worry, Upset, Dread, Etc.!</u>

ach Time <u>Until</u> You Smile[™]

S DEFINED: WHEN (YOU FEEL) THE <u>DEMANDS</u> BEING MADE OF YOU EXCEED YOUR RE

TRUST DEFINED: WHEN YOU (WOULD) FEEL 100% COMFORTABLE LETTING A PERSON (INCLUDING YOU) MAKE DECISIONS OR ACT ON YOUR BEHALF.



REALSMILE

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THE OPPOSITE OF STRESS IS TRUST. TRUSTING Yourself And Inspiring TRUST in Others ... STARTS HERE !!!

5 x 6

2 x 9

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2 x 7

At The Suggested Times Or Under Stress
Do 4 Math Problems Using RIGHT Answers.
Then Do 4 More Using WRONG Answers.
CONTINUE: 4 RIGHT...THEN 4 WRONG.
4 RIGHT...THEN 4 WRONG.

Checking For Any STRESS REMAINING...
REPEAT JUST UNTIL YOU SMILE!

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Each Time Until You Smile[™]

Many People Use **The TRUSTCard®** To Become & Remain Calmer!











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- Now That You Have One, Follow the Instructions Starting Next Slide/Page







The TRUSTCard® Was Created To Powerfully Enable Anyone to "Do <u>Everything</u> Better"! As It States On Page 1 of This Training Document.

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Document is
Interactive.
Clicking on the
Indicated Links On
Each Page Will Take
You From Each Step
To The Next.

o Since Its Earliest Existence In 2006, It Has Empowered Users to Command "The Stress Response" ... (All the Reactions of Brain & Body To Any Real Or Imagined <u>Disproportion Between Demands</u> of Any Kind <u>And The Resources Needed To Meet Them</u>) And Make It Possible To <u>Correct These Disproportions</u> In The Real World. There Are Several Specific Situations Where Using The TRUSTCard® Has Been Reported By Users to Be Especially Beneficial. The First Of These Is Oddly Enough When You Are UNDER NO STRESS WHATSOEVER.













Look At The Side Of The Card That Says, "Like Yourself More" At The Top

Look Down Below Where It Says,
 "When To Use TheTRUSTCard® ..."

o Then, Ask Yourself:













Are You <u>Currently NOT Under Stress?</u> (When NOT, Use It Up To 3x/Day This Way.)

- If Yes, Look At The <u>Other</u> Side of The Card ... "Like Everyone More"
- Read "HOW to Use TheTRUSTCard®"
- Follow those Instructions, Including
 Stopping When You Get To A Smile ...

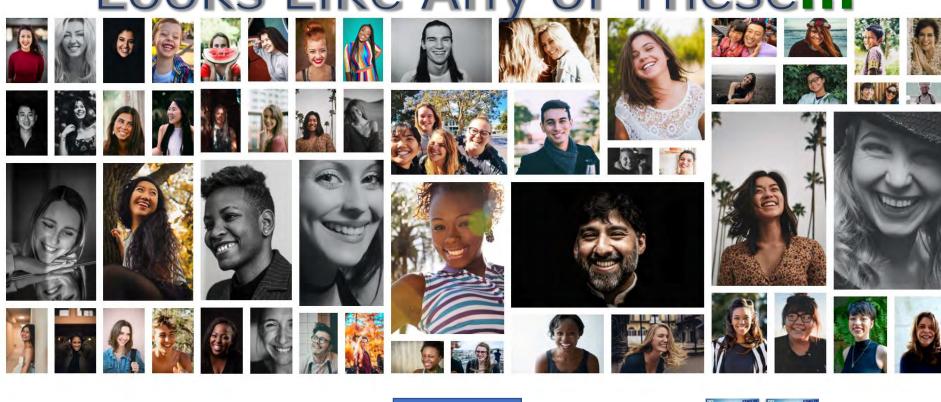








Specifically, A RealSmile™ That Looks Like Any of These...









The TRUSTCard® Was Created To Powerfully Enable Anyone to "Do Everything Better"! As It States On Page 1 of This Training Document.

This PDF Training
Document is
Interactive.
Clicking on the
Indicated Links On
Each Page Will Take
You From Each Step
To The Next.

- Even Though The <u>First</u> Of Its Applications Is Oddly Enough <u>When</u> You Are <u>UNDER</u> <u>NO STRESS</u>, Life OF COURSE Serves Up Other Times When You Most Certainly ARE Or WHETHER You Are Is At Least Uncertain.
- o These Next Application "When To's" Have Proven The Most Beneficial ... As You Go Through Your Day, Week, Etc.. Feel Free to Use and Re-Use The TRUSTCard® Once or (Best) Multiple Times Per Hour, Day, Week, Etc.















Are You Currently Under Stress?

- o If Yes, Look At The Other Side Of
 - The Card ... "Like Everyone More"
- Read or Review (As Needed)
 - "HOW to Use TheTRUSTCard®"
- o Follow Those Instructions, Including Stopping When You Get To A **RealSmile™** ...









Are You About To Do Anything Important?

- If Yes, Look At The <u>Other</u> Side Of The Card ... "Like Everyone More"
- Read or Review (As Needed)
 "HOW To Use TheTRUSTCard®"
- o Follow Those Instructions, Including Stopping When You Get To A **RealSmile™** ...











Are You About To Go To <u>Sleep</u> Or Have You Just <u>Awakened</u>?

o If Yes, Look At The <u>Other</u> Side Of The Card ... "Like Everyone More"

Read or Review (As Needed)
"HOW To Use TheTRUSTCard®"

 Follow Those Instructions, Including Stopping When You Get To A Smile











Are you Experiencing RECURRING FEAR?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING WORRY?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING UPSET?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING DREAD?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING ANGER?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING SADNESS?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING HATRED?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"











Are you Experiencing RECURRING DESPAIR?

o If Yes, Look At The Other Side Of The Card ... "Like Everyone More"

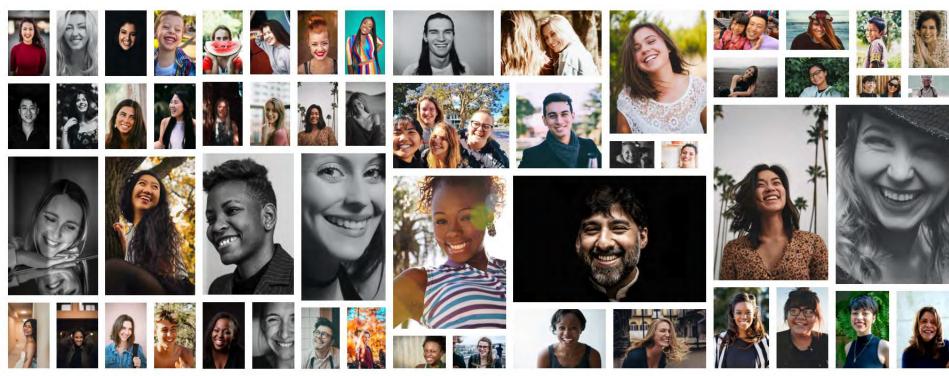








Specifically, A RealSmile™ That Looks Like Any of These...





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The Rumination-Worry Elimination

Algorithm





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IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

FIND COMPLETE
DEFINITIONS OF ALL
TERMS WITHIN.



FIND COMPLETE
DEFINITIONS OF ALL
TERMS WITHIN.



Insecure
About
Your Job?

Trouble Sleeping/Insomnia?



Relationship or Parenting Hassles?

Can't Stop Worrying About Money?

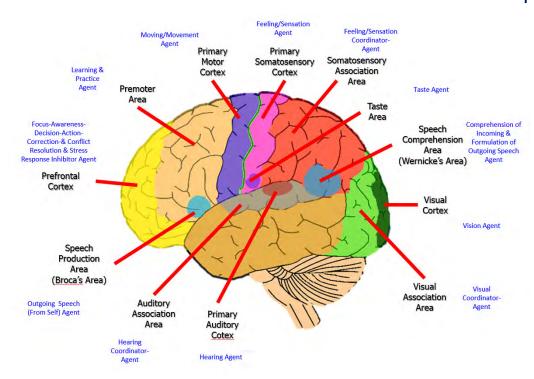
The Rumination/Worry Elimination Algorithm™ 5.1

Anxious About Your Health Or Coverage?

* Definition: **Algorithm** ... A **finite** set of **unambiguous** instructions/steps performed in a prescribed **sequence**, that **solves** a Problem or **achieves** a Goal.

Worried About America?





PDF PROGRAM ZOOM FUNCTION TO TAKE A CLOSE(R) LOOK.





You can be Worrying about the future,



Uncertain, and/or Threatening and/or Dangerous Situations an Individual or Group Might Encounter

(ON A RANDOM BASIS)

Auto Accident	Death Of Loved One	Divorce	Illness	Injury	Ridicule
Assault	Bullying	Witnessing Terror	Kidnapping	Embarrassment	Financial Stress
Poor Business Decisions	Being Fired or Laid Off	Choking	Coming Out (Sexuality)	Wartime Experiences	Illness of Loved One
Foreclosures	Bankruptcy	Natural Disaster	Alcoholism	Addiction	Physical Confrontation
Feeling Unloved	Abandonment	Miscarriage	Abortion	Being Robbed	Empty Nest Syndrome
Single Parent	Adoption	Anesthetic Awareness	Poisoning / Toxicity	Cancer	Neglect
Oppressive Spouse / Boss	Inability to Stand Up for Yourself	Demanding Parent / Teacher	Living In Fear	Emotional, Physical or Sexual Abuse	Negative Self Talk
Unresolved Injury	Defamation of Character	Suicide (Family or Friend)	Failed Surgery	Holocaust Survivor	Betrayal



You can be Worrying about the future,





You can be Worrying about the future,

You can be Ruminating about the present & past,



Uncertain, and/or Threatening and/or Dangerous Situations an Individual or Group Might Encounter

(ON A RANDOM BASIS)

Auto Accident	Death Of Loved One	Divorce	Illness	Injury	Ridicule
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Unresolved Injury	Defamation of Character	Suicide (Family or Friend)	Failed Surgery	Holocaust Survivor	Betrayal



You can be Worrying about the future,

You can be Ruminating about the present & past,





You can be Worrying about the future

You can be Ruminating about the present & past,

You can be Focused on the moment you are immediately living.



Uncertain, and/or Threatening and/or Dangerous Situations an Individual or Group Might Encounter

(ON A RANDOM BASIS)

Auto Accident	Death Of Loved One	Divorce	Illness	Injury	Ridicule
Assault	Bullying	Witnessing Terror	Kidnapping	Embarrassment	Financial Stress
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Unresolved Injury	Defamation of Character	Suicide (Family or Friend)	Failed Surgery	Holocaust Survivor	Betrayal



You can be Worrying about the future,

You can be Ruminating about the past,

You can be Focused on the moment you are immediately living.





You can be Worrying about the future,

You can be Ruminating about the past,

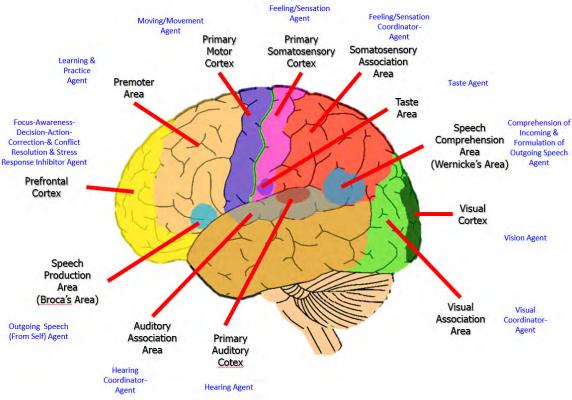
You can be Focused on the moment you are immediately living.



That's it ... that's all.



PDF PROGRAM ZOOM FUNCTION TO TAKE A CLOSE(R) LOOK.







*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.







*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.







*Definition: Worry: Strong, persistent and uncontrollable attention on negative outcomes in the <u>future</u>. Both Rumination and Worry are associated with anxiety and other negative emotional states.

*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.





If you find yourself



*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.

*Definition: Worry: Strong, persistent and uncontrollable attention on negative outcomes in the <u>future</u>. Both rumination and worry are associated with anxiety and other negative emotional states.



If you find yourself
Obsessively or



*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.

*Definition: Worry: Strong, persistent and uncontrollable attention on negative outcomes in the future. Both rumination and worry are associated with anxiety and other negative emotional states.



If you find yourself

Obsessively or Strongly or



*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.

*Definition: Worry: Strong, persistent and uncontrollable attention on <u>negative</u> outcomes in the <u>future</u>. Both rumination and worry are associated with anxiety and other negative emotional states.



If you find yourself

Obsessively **or**Strongly **or**Persistently



*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.

*Definition: Worry: Strong, persistent and uncontrollable attention on negative outcomes in the future. Both rumination and worry are associated with anxiety and other negative emotional states.



If you find yourself

Obsessively **or**Strongly **or**Persistently



Worrying or Ruminating...

*Definition: Rumination: Strong, persistent and uncontrollable attention on the symptoms, circumstances of one's <u>current</u> <u>distress</u>, and on its possible <u>past causes and consequences</u>, as opposed to anything to do with solutions.

*Definition: Worry: Strong, persistent and uncontrollable attention on negative outcomes in the future. Both rumination and worry are associated with anxiety and other negative emotional states.



If you find yourself

Obsessively **or**Strongly **or**Persistently

Worrying or Ruminating...

You may wish to try The

Rumination/Worry Elimination Algorithm™ ...





If you find yourself

Obsessively **or**Strongly **or**Persistently

Worrying or Ruminating...

You May Have a Clear Idea of What You Are Ruminating or Worrying About ... In That Case Go Straight to Page 27 and Try The Elimination Algorithm™ Exactly As Directed ...



But Just As Often You Might Not Have a Clear Idea of What You Are Ruminating or Worrying About ...



In That Case Look Again (You've Already Seen It 3 Times) At The 48-Point Chart Which Follows On the Next Page



Try To Identify Your Current One or More Areas of Worry or Rumination And Apply The Elimination Algorithm™ To Each Of Them One At A Time. The Instructions For How To Do That Are As Before, On Page 27 ...

Uncertain, and/or Threatening and/or Dangerous Situations an Individual or Group Might Encounter

(ON A RANDOM BASIS)

Auto Accident	Death Of Loved One	Divorce	Illness	Injury	Ridicule
Assault	Bullying	Witnessing Terror	Kidnapping	Embarrassment	Financial Stress
Poor Business Decisions	Being Fired or Laid Off	Choking	Coming Out (Sexuality)	Wartime Experiences	Illness of Loved One
Foreclosures	Bankruptcy	Natural Disaster	Alcoholism	Addiction	Physical Confrontation
Feeling Unloved	Abandonment	Miscarriage	Abortion	Being Robbed	Empty Nest Syndrome
Single Parent	Adoption	Anesthetic Awareness	Poisoning / Toxicity	Cancer	Neglect
Oppressive Spouse / Boss	Inability to Stand Up for Yourself	Demanding Parent / Teacher	Living In Fear	Emotional, Physical or Sexual Abuse	Negative Self Talk
Unresolved Injury	Defamation of Character	Suicide (Family or Friend)	Failed Surgery	Holocaust Survivor	Betrayal



Here are the Simple 3 Steps ...

MAKE UP A FICTIONAL "WORRY"!

It Works Fastest & Best When You Pick Something that Has Nothing to Do With Your Original, Actual Worry.





Here are the Simple 3 Steps ...

MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!



It Works Fastest & Best When You Pick Something that Has <u>Nothing</u> to Do With Your Original, Actual Rumination.



Here are the Simple 3 Steps ...

MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!





Here are the Simple 3 Steps ...

MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!





MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

FOCUS (on any object in your immediate environment!)

MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

The Next Page (p. 32)
SPECIFIES How Many Times
To Repeat Each Step At Left:
Made-Up Fictional "Worry" &
Made-Up Fictional
"Rumination" As Well As
When The Algorithm is
Complete.





MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

FOCUS (on any object in your immediate environment!)

Repeat these 3 Steps in order until you NO LONGER FEEL WORRIED 100% about what you were originally Worrying about ...

And/or you are NO LONGER RUMINATING about what you were Ruminating about in the

first place.

It Works Fastest & Best When You Pick Something that Has <u>Nothing</u> to Do With Your Original, Actual Worry.

It Works Fastest & Best When You Pick Something that Has <u>Nothing</u> to Do With Your Original, Actual Rumination.



MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

FOCUS (on any object in your immediate environment!)

MAKE UP A FICTIONAL "WORRY"!

Please Make The Fictional "Worry" Different Each Time.

MAKE UP A FICTIONAL "RUMINATION"!

Please Make The Fictional "Rumination" Different Each Time.





MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

FOCUS (on any object in your immediate environment!)

Repeat these 3 Steps in order until you NO LONGER FEEL WORRIED 100% about what you were originally Worrying about ...

And/or you are NO LONGER RUMINATING about what you were Ruminating about in the

first place.

It Works Fastest & Best When You Pick Something that Has <u>Nothing</u> to Do With Your Original, Actual Worry.

It Works Fastest & Best When You Pick Something that Has <u>Nothing</u> to Do With Your Original, Actual Rumination.



MAKE UP A FICTIONAL "WORRY"!

MAKE UP A FICTIONAL "RUMINATION"!

FOCUS (on any object in your immediate environment!)

Note: This Algorithm stands on its own, but has been reported even more effective when used along with TheTRUSTCard®





* Definition: **Algorithm** ... A **finite** set of **unambiguous** instructions/steps performed in a prescribed **sequence**, that **solves** a Problem or **achieves** a Goal.





NOTE TO READERS AND USERS

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If any reader or user, <u>ESPECIALLY IF A MINOR</u> (UNDER 18), requires such Life Or Death, Law Enforcement, Emergency Medical Or Legal Advice Or Services, A COMPETENT LAW ENFORCEMENT, EMERGENCY, MEDICAL, OR LEGAL PROFESSIONAL <u>SHOULD BE</u> <u>CONSULTED RIGHT AWAY BY IMMEDIATELY CALLING 9-1-1.</u>

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THANK YOU ... THE BOARD OF DIRECTORS





















Welcome to the Interperson® Ignoring-These-Steps-Is-Not-An-Option ... 13-Point **EVERY-SINGLE-DAY-**Physical-Security-Checklist™ Which Appears on the Following Pages ...









IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

On The Pages That Follow ...

"RCAF" Stands for

READY-CALM-ALERT FACTOR™

At Some Point, Take The Time To

... (Re)READ ALL 30 "RCAF™'s" ...

By (Re)Reading pp. 6, 8 & 10 of THIS PDF

For Video Training Click On www.interperson-security.com









Are You Leaving Your Home or Workplace?

What Should You Do Besides Simply "Walking Out"?

- o Should You Hire Someone To Accompany You While You're Out?
- o Perhaps a Paid Professional to Protect You 24/7?
- o Should You Do Absolutely Nothing (Extra) Re Your Security?
- o What If You Realistically <u>Could</u> "Hire Yourself" To Protect You?

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™













READY-CALM-ALERT FACTOR™

RCAF #25 ... BEFORE YOU LEAVE YOUR HOME OR

WORKPLACE EACH DAY OR NIGHT "HIRE YOURSELF" AS

OWN PROTECTOR = A USEFUL MINDSET



No. 1 of 13







RCAF #1 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT 75% OF UNPROVOKED ATTACKERS ARE
MENTALLY UNBALANCED

RCAF #2 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKERS WORK ALONE.

RCAF #4 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT WEAPON-WISE, GUNS OR KNIVES ARE EQUALLY LIKELY

RCAF #5 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKS ARE FROM WITHIN 25 FEET

RCAF #6 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS VITAL TO REMEMBER ... -ALL- ATTACKS IN PROGRESS ARE HAPPENING "NOW"!!!!!

RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

RCAF #16 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS SAFER TO -IMAGINE- EVERY STRANGER AS A POTENTIAL ATTACKER FIRST!

RCAF #17 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF TO ALWAYS IDENTIFY "THE BEST" ATTACKER SUSPECT IN ANY NEW SPACE ENTERED

RCAF #18 & 19 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT WHEN IN A NEW SPACE? FIRST ESTIMATE TIME, DISTANCE & FASTEST PATHWAYS, TO EXITS

RCAF #26 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT YOU MUST NEVER PERMIT MORE THAN 15 FEET BETWEEN YOU AND ANY CHILD (OR ELDERLY OR DISABLED PERSON) YOU ARE PROTECTING

RCAF #27 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT KEEPING YOUR HANDS ABOVE BELT LEVEL ARE "BODY LANGUAGE" DETERRENTS TO WOULD-BE ATTACKERS.

If You're About To Be Attacked?

What Should You Instantly Remind Yourself Of?

- o Would It Most Likely Be Someone Responding to Systemic Racism?
- o Should You Try To Reason With the Attacker?
- o 75% of Unprovoked Attackers are Mentally Unbalanced?
- o Should You Beg (Even Break Down Crying) For Mercy?

"RCAF™" Stands for

READY-CALM-ALERT FACTOR™

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™











RCAF #1 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT 75% OF UNPROVOKED ATTACKERS ARE MENTALLY UNBALANCED

RCAF #1 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT..... 75% OF

PROVOKED ATTACKERS ARE MENTALLY UNBALANCED



No. 2 of 13

RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

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If You Are Going To Be Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- Could You Actually Do This "Protector" Job For Yourself?
- o Should You Do Absolutely Nothing (Extra) Re Your Security?

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READY-CALM-ALERT FACTOR™

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RCAF #2 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKERS WORK ALONE.

RCAF #2 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST

Prior

No. 3 of 13

ATTACKERS WORK ALONE.

YOUR SPACE"

RCAF #16 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS SAFER TO -IMAGINE- EVERY STRANGER AS A POTENTIAL ATTACKER FIRST!

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If You Are Going To Be Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- Could You Actually Do This "Protector" Job For Yourself?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

"RCAF™" Stands for

READY-CALM-ALERT FACTOR™

IRREVERSIBLE TRAGEDY
AVOIDANCE TRAINING™











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EACH DAY OR NIGHT REMIND YOURSELF THAT



WEAPON-WISE, GUNS OR KNIVES ARE EQUALLY LIKELY

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RCAF #27 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT KEEPING YOUR HANDS ABOVE BELT LEVEL ARE "BODY LANGUAGE" DETERRENTS TO WOULD-BE ATTACKERS.

If You Are Attacked?

What Should You Remain Aware Of?

- o Most Attacks Occur From Within What Distance?
- o Should You Just Never Leave Your Home or Workplace?
- o Could You Actually Do This Job For Yourself?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

"RCAF™" Stands for

READY-CALM-ALERT FACTOR™













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RCAF #5 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKS ARE FROM WITHIN 25 FEET

RCAF #5 ... BEFORE YOU LEAVE YOUR HOME OR

WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF

THAT MOST ATTACKS ARE FROM WITHIN 25 FEET



No. 5 of 13

RCAF #17 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF TO ALWAYS IDENTIFY "THE BEST" ATTACKER SUSPECT IN ANY NEW SPACE ENTERED

RCAF #18 & 19 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT WHEN IN A NEW SPACE? FIRST ESTIMATE TIME, DISTANCE & FASTEST PATHWAYS, TO EXITS

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If You Are Attacked?

When Will It Happen?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o When Do All Attacks Occur?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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READY-CALM-ALERT FACTOR™













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RCAF #5 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKS ARE FROM WITHIN 25 FEET

RCAF #6 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS VITAL TO REMEMBER ... -ALL- ATTACKS IN PROGRESS ARE HAPPENING "NOW"!!!!!

RCAF #6 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE

EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS

VITAL TO REMEMBER ALL ATTACKS IN PROGRESS ARE

HAPPENING "NOW"!!!!!



No. 6 of 13

RCAF #26 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT YOU MUST NEVER PERMIT MORE THAN 15 FEET BETWEEN YOU AND ANY CHILD (OR ELDERLY OR DISABLED PERSON) YOU ARE PROTECTING

RCAF #27 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT KEEPING YOUR HANDS ABOVE BELT LEVEL ARE "BODY LANGUAGE" DETERRENTS TO WOULD-BE ATTACKERS.

If You Are Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o Could You Actually Do This Job For Yourself?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR

WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT



..... ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

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If You Are Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o How Do You Decide Who is Most Likely To Attack You?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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RCAF #25 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT "HIRE YOURSELF" AS YOUR OWN PROTECTOR = A USEFUL MINDSET

RCAF #1 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT 75% OF UNPROVOKED ATTACKERS ARE MENTALLY UNBALANCED

RCAF #2 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT MOST ATTACKERS WORK ALONE.

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RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

RCAF #16 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS SAFER TO -IMAGINE- EVERY STRANGER AS A POTENTIAL ATTACKER FIRST!

RCAF #16 ... BEFORE YOU LEAVE YOUR HOME OR

WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF







RCAF #28 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IF AN ATTACK/ABDUCTION COMMENCES

AND FROM 15 FEET OR CLOSER AND YOU INTERVENE IN FRONT OF THE ATTACKER, SHOUTING "BACK OFF" OR "CHILD (SENIOR CITIZEN/DISABLED PERSON)

IN DANGER" YOU CAN CAUSE THE ATTACKER TO LOSE FINE MOTOR CONTROL BECAUSE YOUR DOING SO (SHOUTING AS INDICATED) INCREASES

ATTACKER'S HEART RATE. IF YOU DO IT LOUDLY ENOUGH AND FAST ENOUGH AND REPEATEDLY YOU CAN OFTEN STOP THE ATTACK WITHOUT HAVING TO

USE THE PHYSICAL FORCE OF YOUR BODY, HANDS OR FEET (AND HAVE SUFFICIENT TIME & OPPORTUNITY TO ESCAPE THE SITUATION) 8.5

If You Are Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o Out in Public Who Among Several Might Be a Potential Attacker?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

The TrustCard® Has Been Reported To Increase Awareness & Alertness ...











RCAF #25 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT "HIRE YOURSELF" AS YOUR OWN PROTECTOR = A USEFUL MINDSET

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RCAF #17 ... BEFORE YOU LEAVE YOUR HOME OR

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TO ALWAYS IDENTIFY "THE BEST" ATTACKER SUSPECT

IN ANY NEW SPACE ENTERED



RCAF #17 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF TO ALWAYS IDENTIFY "THE BEST" ATTACKER SUSPECT IN ANY NEW SPACE ENTERED

RCAF #18 & 19 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT WHEN IN A NEW SPACE? FIRST ESTIMATE TIME, DISTANCE & FASTEST PATHWAYS, TO EXITS

RCAF #26 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT YOU MUST NEVER PERMIT MORE THAN 15 FEET BETWEEN YOU AND ANY CHILD (OR ELDERLY OR DISABLED PERSON) YOU ARE PROTECTING

RCAF #27 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT KEEPING YOUR HANDS ABOVE BELT LEVEL ARE "BODY LANGUAGE" DETERRENTS TO WOULD-BE ATTACKERS.

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USE THE PHYSICAL FORCE OF YOUR BODY, HANDS OR FEET (AND HAVE SUFFICIENT TIME & OPPORTUNITY TO ESCAPE THE SITUATION).8.5

Can You Avoid Being Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o How Can You Improve Your Odds of Escaping An Attack?
- o Could You Actually Do This Job For Yourself?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

"RCAF™" Stands for

READY-CALM-ALERT FACTOR™



The TrustCard® Has Been Reported To Increase Awareness & Alertness ...











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RCAF #18 & 19 ... BEFORE YOU LEAVE YOUR HOME OR

WORKPLACE EVERY DAY OR NIGHT REMIND YOURSELF THAT

WHEN IN ANY SPACE ... FIRST, YOU SHOULD ESTIMATE

DISTANCE & TIME REGARDING THE FASTEST WAY TO ALL EXITS.



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Protecting Children & The The Elderly?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o Is There a Distance Factor in Optimal Protection of Seniors or Kids?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF

THAT YOU MUST NEVER PERMIT MORE THAN 15 FEET



BETWEEN YOU AND ANY CHILD (OR ELDERLY OR DISABLED

PERSON) YOU ARE PROTECTING

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Can You Prevent Being Attacked?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Is There Any Useful, Effective Attack-Preventive Body Language?
- o Could You Actually Do This Job For Yourself?
- o Am I More Likely To Be Attacked With a Gun or a Knife?

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RCAF #6 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS VITAL TO REMEMBER ... -ALL- ATTACKS IN PROGRESS ARE HAPPENING "NOW"!!!!!

RCAF #13 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT ATTACKERS ALWAYS TRY TO "CONTROL YOUR SPACE"

RCAF #27 ... BEFORE YOU LEAVE YOUR HOME OR

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KEEPING YOUR HANDS ABOVE BELT LEVEL ARE "BODY

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Once/If You Are Accosted?

What Should You Remain Aware Of?

- o Do Most Attackers Work Alone or in Groups?
- o Should You Just Never Leave Your Home or Workplace?
- o Could You Actually Do This Job For Yourself?
- o Can You Use Your Voice To Protect Yourself Or Others?

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EACH DAY OR NIGHT REMIND YOURSELF THAT IF AN

ATTACK/ABDUCTION COMMENCES AND FROM 15 FEET OR CLOSER

AND YOU INTERVENE IN FRONT OF THE ATTACKER, SHOUTING

"BACK OFF" OR "CHILD (WOMAN/SENIOR CITIZEN/DISABLED

PERSON) IN DANGER" YOU CAN CAUSE THE ATTACKER TO

LOSE FINE MOTOR CONTROL BECAUSE YOUR DOING SO





(SHOUTING AS INDICATED) INCREASES ATTACKER'S HEART RATE.

IF YOU DO IT LOUDLY ENOUGH AND FAST ENOUGH AND

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RCAF #16 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF THAT IT IS SAFER TO -IMAGINE- EVERY STRANGER AS A POTENTIAL ATTACKER FIRST!

RCAF #17 ... BEFORE YOU LEAVE YOUR HOME OR WORKPLACE EACH DAY OR NIGHT REMIND YOURSELF TO ALWAYS IDENTIFY "THE BEST" ATTACKER SUSPECT IN ANY NEW SPACE ENTERED

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An Interperson® Training Commentary







The Wind of Hate²

(abbrev. "TWOH")

Introduction

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

Many of us toss casually around the phrase, "I hate that guy!" or "She hates me!" But most of the time hate isn't what we or the other person feel at all. It might be annoyance, it might be anger; it might even be ongoing dislike or a clash of personalities. But, it doesn't rise in necessary intensity let alone manifest the quality of the emotion we refer to in this Commentary as "hate".

- ¹ Wind ... (in this sense) any influential force or trend. Example: strong winds of public opinion.
- ² hate.
 - **-V.t.** 1. to dislike intensely or passionately; feel extreme aversion for or extreme hostility toward; detest: *to hate the enemy; to hate bigotry*.
 - 2. to be unwilling; dislike: I hate to do it.
 - **-V.İ.** 3. to feel intense dislike, or extreme aversion or hostility.
 - **-n.** 4. intense dislike; extreme aversion or hostility.
 - 5. the object of extreme aversion or hostility.

—Synonyms ... 1. loathe; despise. HATE, ABHOR, DETEST, ABOMINATE imply feeling intense dislike or aversion toward something. HATE, the simple and general word, suggests passionate dislike and a feeling of enmity: *to hate autocracy.* ABHOR expresses a deep-rooted horror and a sense of repugnance or complete rejection: *to abhor cruelty; Nature abhors a vacuum.* DETEST implies intense, even vehement, dislike and antipathy, besides a sense of disdain: *to detest a combination of ignorance and arrogance.* ABOMINATE expresses a strong feeling of disgust and repulsion toward something thought of as unworthy, unlucky, or the like: *to abominate treachery.*

-Antonyms ... 1. love.

"The Wind of Hate" (see **footnotes 1 & 2 above**) is a <u>real</u> <u>phenomenon</u> that occurs in life, more profoundly real than most people ever imagine whenever they first hear or learn about it.

Although the concept of "hate" is familiar enough, "The Wind of Hate" is unlikely to ever be (or have been) the subject of your last/next cocktail party conversation. Most never recognize that it exists at all, despite how frequently they may encounter it or its effects.

What, Why, Who, Where ... (тwон)

Here we go ...An individual encounters another person (or group) who really does hate him (e.g., a street criminal or enemy in battle or even competitors in some high-stakes competitive business negotiations, and not all that infrequently in a marriage or in personal relationships within a family as well); the individual targeted will feel or experience aversion³. Simple enough: if someone hates you, you feel aversion, you recoil from that person. The hatred repels you.

What happens next is something you have **almost certainly** never read about anywhere: The person "hated", wanting to get away from the hate source, ends up doing everything possible to "escape", but **in doing so** directly heads into the clutches of some other danger, but one considered-to-be "less personal". Having "escaped" to the new, **believed-to-be** "less personal" danger (meaning one without any face-to-face confrontation with another person emitting **TWOH** emotion), the **target**ed individual "**feels** he **would be** safer by escaping", but, **in fact,** he isn't. The new **thought-to-be-safer** situation to which the person escapes, **ironically does** him in.

This can seem very surreal **as** you **examine** it for the first time or even the second and the third times, because even as the "hated" person withdraws from one danger to which he is extremely

 $^{^3}$ aversion ... a strong feeling of dislike, opposition, repugnance, or antipathy (usually fol. by to): e.g., a strong aversion to snakes and spiders.

averse, "The Wind of Hate <u>Effect</u>" drive**s** the individual to plunge headlong into another, far more lethal (but because it appears *less* personal, less human-connected, the victim incorrectly imagines it to be a "less dangerous") danger. Most of us don't think about this sort of thing happening to us or even a best friend. But it has and it does. **Most never recognize it.** It happens to individuals and to groups. It occurs in purely physical situations (like military battles) but even more often in other situations where the "battle" isn't **military at all.**

A Twisted Reaction To Perceived Aggression

"The Wind of Hate" Effect begins when an individual perceives (feels) hostile aggression coming from another human being toward him/her. This perceived/felt aggression IS "The Wind of Hate".

"The Wind of Hate" is perceived aggression.

The "Wind of Hate" <u>Effect</u> is **ALSO** the involuntary running-from the directly-and-personally-perceived-aggression to **an** apparent "safe(r) location" which isn't **in fact** "safe(r)" at all.

Paraphrasing what U.S. Army Lt. Col. Dave Grossman said in his book, "On Killing" discussing it ... "The Wind of Hate" (real, palpable hatred) when experienced in these face to face encounters, has the power to destroy a person's morale (morale, meaning the person's positive ability plus the willingness to survive, to fight for his own life, his own survival, whatever it takes.) The Wind of Hate is never per se, the subject of media reports (although the media seems to report on little else than "hate", expressed one way or another). Its mechanics are never identified. It is even less likely to be taken up in a classroom except in a war college. But, military and law enforcement observers have seen it, isolated it on battlefields and whether you are on or off one, you can find its manifestations.

Military Application - Background

Consider, as a starting point for what happens off the battlefield, what happens **during** the battlefield version of "The Wind of Hate" ... based upon the observations of military scientists and military historians:

- 1. In a <u>face-to-face</u>, close-combat situation, "The Wind of Hate" (perceived incoming aggression) is felt, perceived, etc., by one soldier, coming from an enemy soldier. [The perceived incoming intent is to kill (self) the recipient!] The feeling usually is accompanied by a sense of shock in realizing the extent and degree of "personal" hatred pointed at oneself.
- The <u>trained</u> soldier when **TWOH** comes his way, if he fought the **TWOH-projecting opponent in front of him**, woul<u>d most likely physically survive the contest against the **individual** who is **projecting** "The Wind of Hate". In other words, "The Wind of Hate"-targeted soldier COULD HAVE WON IF HE HAD NOT BEEN INTIMIDATED <u>BY</u> THE WIND OF HATE AND HAD NOT RUN OFF "TO (APPARENTLY) **GREATER** SAFETY"!</u>
- Yet, the soldier experiencing it finds it so horrifying to experience that he will invariably turn away from even a "50-50, win-able contest" in front of him (The Wind of Hate Effect, Part I).
- 4. Once he turns away, he will <u>not</u> run away to safety (higher ground or safer ground), but amazingly he will tend to run toward another, separate but (considered to be) less personal certain death situation: a machine gun nest, an unprotected battlefield position, a scaled-down version of his own unit, the making of an ill-advised alliance, etc. (The Wind of Hate Effect, Part II.) Death by different but "less personal means" is (wildly irrationally and inaccurately) "evaluated" as preferable to ...

... confronting an immediately-facing opposing soldier who is projecting it.

5. In the end, The Wind of Hate-affected **battlefield** soldier dies.

And Further, Off the Battlefield...

If you have <u>never</u> been up against "The Wind of Hate" in a physical situation – if you have never experienced its paralysis, even as detailed a description as the one above is hard to grasp; hard to accept as being real.

More than a handful of not-well-intentioned individuals and groups aware of it, can and do use it off the battlefield, to cause those they wish to harm, to defeat, or even **wish** to kill ... to react to it and by virtue of their predictable reaction, propel themselves to their own deaths whether literal, emotional, political or economic. **One element** of the process in some circles where it is used is that when "The Wind of Hate" Effect occurs, most observers usually miss who caused it and blame the victim for his own stupidity **OR** chalk up his demise (in whatever context) to an unavoidable set of circumstances. You, now trained to spot **its** mechanics, won't again be fooled, if you keep the sequence explained here in mind.

Perspective

Before **Interperson**® (the only <u>civilian</u> training researched and designed specifically to address, handle and eliminate "the **wrong** response" **to it)** there were no quickly-and-easily-learned, reliable countermeasures to "The Wind of Hate". <u>Amazingly, our research</u> has uncovered **t**hat many, perhaps even a majority of career Army

IRREVERSIBLE TRAGEDY
AVOIDANCE TRAINING™

Officers do not get the equivalent of **Interperson, Inc.** 's Anti-"Wind of Hate" Training! Thanks to **Interperson, Inc.**, there is now a reliable, quickly, easily and permanently learnable countermeasure for civilians to use in everyday life! With **Interperson® Training**, there is finally a solution to the "**Extreme F**linch" produced by "The Wind of Hate". You no longer have to flinch, freeze up, or leave yourself or your group open to an unopposed attack or propel yourself to a certain "death" in any context.

Absent Interperson® Training, the typical reaction when met with a Wind of Hate-emanating person or group is to "freeze" (physically, mentally, emotionally, etc.) and thereby fail to defend yourself when you could win in an ensuing physical, mental or interpersonal confrontation in which you may (more and more in the current political climate) find yourself.

Why? Because an opponent's **TWOH** hatred is simply <u>too</u> <u>gruesome</u> to confront. Instead, you (as anyone would) will inevitably turn and run off from that perceived **emotionally violent** hatred (**since it's** mentally, emotionally, **unconsciously** unbearable), in the direction of a certain, odds-entirely-against-your-favor death, whether physical, interpersonal, emotional or political.

Wide Application

Interperson® Training, the single-near-instantly-acquirable toolkit of countermeasures to this phenomenon has limitless application in all of the following areas of life, once you learn and start to apply the basics taught in **the** Training to all of the following realms ...

Physical
Interpersonal
Mental
Emotional
Political

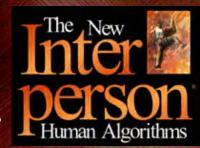
IRREVERSIBLE TRAGEDY
AVOIDANCE TRAINING™



An American Commentary



Warnings 101™ **Commentary 1**



Warn¹ings² That Succeed

Warning Centers of America™

Americans Do Not Process³ Warnings Intelligently!



Travel back with us in time if you will to the summer of 2001. We don't remember everything we were thinking about back then, but we do remember this: we weren't worried (beyond a shadow of a hint) about terrorism or rampant gang crime either one, showing up in our neighborhoods; AND we weren't particularly worried either about whether FEMA or the U.S. Government could or would know how or

- to give notice, advice, or intimation to (a person, group, etc.) of danger, impending evil, possible harm, or anything else unfavorable: They warned him of a plot against him. She was warned that her life was in danger. to urge or advise to be careful; caution: to warn a careless driver. to admonish or exhort, as to action or conduct: She warned her employees to be on time. to notify, advise, or inform: to warn a person of an intended visit. to give notice to (a person, group, etc.) to go, keep at a distance, etc. (often fol. by away, off, etc.): A sign warns trespassers off the grounds. A marker warned boats away from the dock. to give authoritative or formal notice to (someone); order: summon: to warn a person to appear in court.

7. to give a warning: caution: to warn of further disasters.
[bef. 1000: ME warnen, OE warnian: c. G warnen. Cf. WARE²]
—Syn. 1. forewarn: WARN, CAUTION, ADMONISH imply attempting to prevent another from running into danger or getting into unpleasant or undesirable circumstances. To WARN is to speak plainly and usually in strong terms: to warn him about danger and possible penalties. To CAUTION is to advise about necessary precautions, to put one on one's guard about possibly harmful circumstances or conditions, thus emphasizing avoidance of undesirable consequences: to caution him against driving in such weather. ADMONISH suggests giving earnest, authoritative advice with only tacit references to danger or penalty: to admonish a person for neglecting his duties.

warn ing, n

- the act or utterance of one who warns or the existence, appearance, sound, etc., of a thing that warns.
 something that serves to warn, give notice, or caution: We fired a warning at the intruders.
 Meteorol. an announcement from the U.S. National Weather Service alerting the public that a storm or other weather-related hazard is imminent and that immediate steps should be taken to protect lives and property. Cf. advisory (def. 5), storm warning (def. 2), watch (def. 23).

- 4. serving to warn, advise, caution: a warning bell.

 [bef. 900; ME (n.); OE war(e) nung precaution; see WARN, -ING¹, -ING²]

 —Syn. 2. caution, admonition, advice; omen, sign, portent, augury, presage.

³ process ... (v.) ... to deal with in a routine way; to subject to a process or treatment, with the aim of readying for some purpose, improving, or remedying a condition

how soon to respond swiftly to a natural disaster, especially one in our area.

Fast forward to four years later ... late August, 2005:

Iraq ... Afghanistan ... New Orleans ... Biloxi ... Mobile ... Etc.

Across The World and Right At Home ... We're worried now! ...

You simply can't get a Warning across to an American government, governmental Department, Company, Neighborhood or Individual MOST of the time ... especially when it is likely to matter a great deal. And worse, when any Warning ever does arrive, it isn't typically implemented.

A Warning fails to protect people for among others, the reasons in the list at the bottom of this page. These represents 13 items selected from the complete Failed-Warnings Prevention Checklist™ utilized at Warning Centers of America™.

In the USA, <u>Warnings FAIL to protect people and/or property</u> in one or more of the following ways, singly or in combination most of the time:

- 1. A Needed Warning Is Never Conceived Or Crafted With Clarity, Despite A REAL Existing Danger Or Threat
- 2. A Needed Warning Is Never Transmitted At All Because The Danger Or Threat Isn't Well Understood
- 3. A Needed Warning Is Never Transmitted As Well To Those Who Live Or Work Nearby Potential Victims
- 4. A Needed Warning Is Transmitted But Ends Up Arriving Too Late With Potential Victims
- 5. A Needed Warning Is Transmitted, But Through Mistakes, Etc. Is Never Received Whatsoever By Potential Victims
- 6. A Needed Warning Is Transmitted But Not Heard Or Read Or Noticed Or Understood Or Believed By Those in Danger
- 7. A Needed Warning Is Transmitted And Believed, But Is Put Aside To Handle Something "More Immediate"
- 8. A Needed Warning Is Transmitted And Believed But Not Ever Implemented
- 9. A Needed Warning Is Transmitted But **Not Implemented In Proper Sequence**
- 10.A Needed Warning Is Transmitted But Not Implemented With The Proper Sense Of Urgency
- 11.A Needed Warning Is Transmitted And "Implemented" But Nullifying Actions Are Done Or Continued
- 12.A Needed Warning Is Transmitted And "Implemented" Haphazardly, Not Coordinated Intelligently
- 13.A Needed Warning Is Transmitted And Falsely Alleged To Have Been Implemented When It Never Was

The complete Failed-Warnings Prevention Analysis List™ from which the above items are taken, points to why Warnings to owners of The World Trade Center didn't take hold to at least <u>minimize</u> the loss of life and property when it was attacked on 9-11. This happened in spite

of Warnings they received about the threat of a jet-fuel-laden guided missile fired at their building.

And, the above partial list points to why federal, state and city officials responsible for and/or located in New Orleans, in Mobile, AL or Biloxi, MS didn't imagine that their plans for a storm or for massive flooding didn't rise up to the likely threat of hurricanes, predicted-to-be-ever-increasingly-violent which were reported as expected during this hurricane season.

The above list points to why the CIA, the DOD, FEMA, the US Army or any other massively financed, governmental body or group despite their resources can't seem to be to able to get it together when it comes to comprehending themselves, let alone Warning us effectively about threats, dangers, etc.., from whatever source!

The effective IMPACT of virtually any important Warning, whenever one does take hold in America, takes far too much time, time after time! It is a systemic weakness of the American culture.

To add additional emotional anguish to the injury and death which follow Failed-Warnings, we typically find ourselves forced to listen to "talking heads" commenting on the aftermath postmortem.

In the aftermath of a Failed-Warning, such individuals feel perfectly comfortable with thanking and back-patting each other on television and in print for making what are by then feeble, too-little-too-late, albeit "labeled-heroic" and serially after-the-fact efforts. It is invariably, by then a desperate attempt to salvage a PR situation that is beyond salvage.

This applies to the events in Baghdad as well as to Biloxi; to Americans as well as Iraqis; to those too young to evacuate a hurricane's target on their own as well as those too old; to the wealthy (who oddly enough may have "gotten out in time" but just as surely have lost their homes), their businesses as well as whole city ... same as the poor, who couldn't "get away" before Katrina.

So, why can't Americans act heroically sooner? Why are we so hard to wake up to a Warning? Why must catastrophe not merely knock but actually demolish lives or property before we begin yawning ourselves awake, let alone finish yawning and actually wake up?

⁴ To which they had been alerted quite overtly, formally and officially well prior to 9-11

We can't act heroically sooner, because NO ONE IS MUCH PAYING ATTENTION! And that has to change.



Warning Centers of America™

Warnings That Succeed™



Americans don't know how to pay attention to and thus don't know how to process "Warnings". Hence they DO NOT ACTUALLY PAY ATTENTION TO WARNINGS! So, they have disasters. Preventable disasters. Lots of them. Warning Centers of America™ means to change that fact over the next 20 years!

Because there neither is nor has there ever been a group specifically created to address the subject of "Failed-Warnings, how to eliminate them", meaning a group devoted to purely addressing the subject of "Failed-Warnings" - Warning Centers of America™ was created. It is going to do exactly that.

Warning Centers of America™ has already begun to teach people how to prevent any kind of Failed-Warning ... from Warnings about weather that fail, to Warnings about drugs; from Warnings on food labels that fail, to Warnings about terrorist threats; from Warnings about high-crime areas to Warnings about the economy that fail; from Warnings that fail regarding the high death rate connected to the mere fact of being in a hospital⁵ to Warnings about defective cars; from the typically Failed-Warnings your Dentist gives you about gum disease, decay and damaged teeth to the all too often disregarded Warnings about which toys will thrill a child and which toys can kill your child and what Fentanyl can do to obliterate lie in an instant!

Before now, there has been no place to learn how to master the items on the list immediately below with respect to "Warnings" per se so as to ensure that needed, accurate and reliable Warnings do not fail in your life, business or geographic area. To ensure that Warnings succeed requires an individual or group to have all the following inhand and in use:

- Having Failed-Warning Prevention Technology™
- Studying Failed-Warning Prevention Technology™
- After Studying it, Determining it is correct
- Teaching correctly Failed-Warning Prevention Technology™

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

⁵ due to out-of-control, extremely resistant, hospital-acquirable-only viruses (often traceable to nothing more esoteric than a failure in doctors and nurses to wash their hands)

- Deploying Failed-Warning Prevention Technology™
- Ensuring that Failed-Warning Prevention Technology™ is correctly deployed
- Vigorously removing incorrect protocols that cause Failed-Warnings
- Terminating Incorrect applications of Failed-Warning Prevention Technology™
- Eliminating any possibility of incorrect technology that causes Failed-Warnings
- Seliminating incorrect application of Failed-Warning Prevention Technology™

There of course, exists Homeland Security, Border Patrol, FEMA, the FBI, the FDA, the FTC, the State Department, The Defense Department, the CDC and Consumer Reports. Whistleblowers and Watchdogs abound. These and countless other agencies and groups issue Warnings all the time.

Most of these Warnings do not outpace the Disasters to which they apply, especially the most potentially disastrous ones. All of these address many kinds of Warnings, but "Warnings" as a subject one can learn to control and succeed with is and has been, prior to the inception of Warning Centers of America™ a subject in neglect.

Successful Prototype ... From the U.S. Air Force



Now, let us introduce the research of a famous, as well as somewhat infamous, but now-deceased U.S. Air Force Colonel by the name of John Boyd.

If you saw the Tom Cruise movies, "Top Gun" and "Top Gun Maverick", you know something about Col. John Boyd.⁶

If you remember the surgical air strikes during Desert Storm's war defending Kuwait in the early 90's, you know something about Col. John Boyd⁷.

And finally, whether you find yourself in awe of, merely a fan, or no more than a distant, only mildly interested admirer of NFL Head Coach Bill Belichick and his New England Patriot Football Team⁸, then

⁶ The dogfight tactics the fighter pilots were training on are based directly on Boyd's research

⁷ The strategy for how to approach the defeat of Saddam Hussein in 1991 was derived directly from Boyd's research.

⁸ Winners of three of the last four Super Bowls, the New England Patriots at one point during last season had won over 30 games **IN A ROW**. Belicheck utilizes Boyd's OODA Loop to near perfection, season after season, game after game!

your sports fan life has been enhanced a little bit or a very great deal by the research of one Col. John Boyd⁹.

⁹ John Boyd and the "**OODA Loop"** ... jargon ... from the research and practical regimens developed by U.S. Air Force Col. John Boyd ... Col. John Boyd was a modern military strategist who wrote the first official "doctrine" on fighter pilot strategy, extended his insights from individual combat to military battles and grand strategy, and had a significant influence on planning for the 1991 Gulf War.

Unlike most other military strategists, Boyd never wrote a book on strategy. The primary works reflecting his perspective on <u>warfare</u> are <u>Discourse on Winning & Losing</u> (a several hundred slide presentation) and "Destruction & Creation" (a short essay).

In the "Destruction & Creation" essay Boyd attempts to provide a philosophical foundation for the OODA Loop.

Boyd inferred the following from each of these theories:

- **Gödel's Incompleteness Theorem:** any logical model of reality is incomplete (and possibly inconsistent) and must be continuously refined/adapted in the face of new observations.
- **Heisenberg's Uncertainty Principle:** there is a limit on our ability to observe reality with accuracy. Any small observational error introduced in calculations can produce ever-widening mismatches over time. (see Butterfly effect)
- Second Law of Thermodynamics: The entropy/chaos of any <a href="https://enaos.gov/enaos.org/lengths.com/enable-nature

From this set of considerations, Boyd concluded that to maintain an accurate or effective grasp of reality one must undergo a continuous cycle of interaction with the environment geared to assessing its constant changes. Boyd then expanded Darwin's Theory of Evolution, suggesting that natural selection applies not only in biological but also in social contexts (such as the survival of nations during war or businesses in free market competition) Integrating these two concepts, he stated that the decision cycle was the central mechanism of adaptation (in a social context) and that increasing one's own rate and accuracy of assessment vis-a-vis one's counterpart's rate and accuracy of assessment provides a substantial advantage in war or other forms of competition.

Boyd hypothesized that all intelligent organisms and organizations undergo a continuous cycle of interaction with their environment. Boyd breaks this cycle down to four interrelated and overlapping processes through which one cycles continuously:

- **Observation**: the collection of data by means of the senses
- Orientation: the analysis and synthesis of data to form one's current mental perspective
- Decision: the determination of a course of action based on one's current mental perspective
- Action: the physical playing-out of decisions

This four-part decision cycle is thus also known as the OODA Loop. Boyd emphasized that this <u>decision cycle</u> is the central mechanism enabling <u>adaptation</u> (apart from <u>natural selection</u>) and is therefore critical to survival.

Boyd theorized that large organizations such as <u>corporations</u>, <u>governments</u>, or militaries possessed a hierarchy of OODA loops at <u>tactical</u>, grand-tactical (<u>operational art</u>), and strategic levels. He further theorized that the most effective organizations have a highly decentralized <u>chain of command</u> that utilizes objective-driven orders or <u>directive control</u> rather than method-driven orders in order to harness the mental capacity and creative abilities of individual commanders at each level. He argued that such a structure would create a flexible "organic whole" that would be quicker to adapt to rapidly changing situations. He noted, however, that <u>any such highly decentralized organization would necessitate a high degree of mutual trust and a common outlook that came from prior shared experiences. Headquarters needs to know that the troops are perfectly capable of forming a good plan for taking a specific objective, and the troops need to know that Headquarters does not direct them to achieve certain objectives without good reason.</u>

And soon, you likely will feel a great deal more by way of admiration for Col. Boyd since his research forms much of the basis of Warning Centers of America™ Failed-Warning Prevention Technology™.

If you log onto amazon.com, you would find at least two books by different author-biographers about Col. Boyd's life and life's research, and another by a third author on an application of it to business.

In the context of our work at WCA: preventing Failed-Warnings, Boyd provides a method of approaching any situation (the OODA Loop see previous footnote) enabling one to "maintain an accurate or effective grasp of reality by undergoing a continuous cycle of interaction with the environment geared to assessing its constant changes".

That continuous cycle of interaction geared to assessing constant changes forms the core of Warnings 101 Training™ (the first training step of Failed-Warning Prevention Technology™ as taught by Warning Centers of America™).

Warnings That Succeed ... Primary Concepts



It is possible to be safe. It is possible to be prepared and survive well a very serious danger. The proper handling of warnings is vital to both.

Often, warnings are misused for competitive, political, geopolitical and military purposes as a control mechanism where one person or group or country or even an alliance of countries "warns" another person or group, country or countries of impending danger that isn't accurate; but rather intended to manipulate the target(s) into a certain kind of behavior or belief. This discredits the subject of safety through accurate warnings. It is a factor in creating, repairing and/or rebuilding any individual's or group's ability to process a warning.

Danger, threats and everything associated with them are by nature things we do not wish to have to deal with or confront. Yet, they exist. One fundamental point for those whose job it is to identify the need to issue, and then to actually transmit Warnings is that "NO ONE WANTS TO NEED A WARNING!"

This point is forever overlooked. Because the urgency of some particular danger is real to the issuer by the time he issues it, the 'Warning Issuer" assumes that the Warning will be taken at the same face value with which it is issued. This assumption is catastrophically wrong and is virtually never warranted! A simple example from everyday life makes the point:

You are walking down a busy, city sidewalk with Harry, a longtime friend of yours and you both turn to cross the street at an equally busy intersection. As this happens, Harry's cell phone rings and his attention goes to answering it when the caller ID shows him who the Caller is. It's an unexpected call from a very good friend of his with whom he hasn't spoken in some time and he's thrilled to hear from him! His attention is entirely tied up in that call. You, on the other hand, without your own attention tied up in a phone call, continue side by side Harry, to cross the street. YOU SEE the cab that's suddenly pulled out and roaring toward the intersection, trying to beat the changing traffic signal and coming straight into your paths. Harry doesn't!

Now, freeze the frame and notice what the circumstances are:

- 1. You see the threat.

- You see the threat.
 Harry doesn't.
 You can get out of the way.
 But, Harry will be killed unless you act, unless you WARN him.
 You see that, you know that; Harry doesn't.
 In a Split Second You reconize ... YOU NEED TO WARN HIM!
 A WARNING is the last thing Harry expects to have come his way right then.
 A WARNING is the last thing he wants to need right then he's having fun!
 Harry's, in fact, having a VERY great time catching up with a close friend!
 You're momentarily torn as you don't want to disturb his excitement ...
 But, if you don't, he's dead!
 (And now, worse yet, Harry's drifted an extra foot away, just out of reach)
 So, you call his name! You try to scream it; your vocal chords don't immediately cooperate!

- cooperate!

 14. You're right next to him! You're shouting! YOU NEED TO WARN HIM!

 15. But, Harry doesn't hear you!

 16. He remains oblivious, deep in conversation, laughing, gesturing.

 17. You call Harry again, you GRAB for him (but you miss).

 18. [Now, here's the point where Harry makes it or he doesn't: you now have to decide you're going to do whatever it takes TO GET HIS ATTENTION. Or not! You're not even up to what you'll do with his attention once/if you get it! So, you have to do something DIFFERENT, something that will tear him away from what he's doing and MAKE HIM (you surely don't have time to ask politely) PAY ATTENTION TO YOU! Then and only then, you can issue a arning or get him to change direction or slow him down long enough to catch him and pull him back]
 - ... back to live action ...
- 19. So, now you scream again as you tackle him, knock him down (this definitely interrupts the phone call); he screams and grimaces in horror as he's going down, completely aghast at what you're doing! (You had to be willing to cause that effect to save his life!)
 20. He's on the ground (still in harm's way, out in the path of the cab actually you both are), but you've at least stopped his forward progress.

- 21. He's in reach, but now you're both in danger, the cab isn't slowing down ... however now that you have his attention YOU CAN FINALLY SAVE HIM AND YOURSELF BY ROLLING OUT OF THE WAY, TOGETHER AWKWARDLY!
- 22. And of course, you do!

It was that 22-part (minimum) OODA-Loop that was not done in the years prior to Hurricane Katrina when any number of observers saw the "speeding cab" coming toward New Orleans!

Failed-Warnings top to bottom ... from the Scientific American Magazine journalist to the Army Corps of Engineers who forecast the entire levee disaster, to the federal, state and local government agencies responsible to collect up, heed, study in depth, understand, extrapolate from, battle plan and execute preparations based on such disaster warnings: No one ever "Wrestled 'Harry' to the ground!"

And because of that "thousands of Harrys and Harriets" (in New Orleans, Biloxi & Mobile) simply didn't make it. THEY DIED!

No one ever "Wrestled 'Harry' to the ground!"

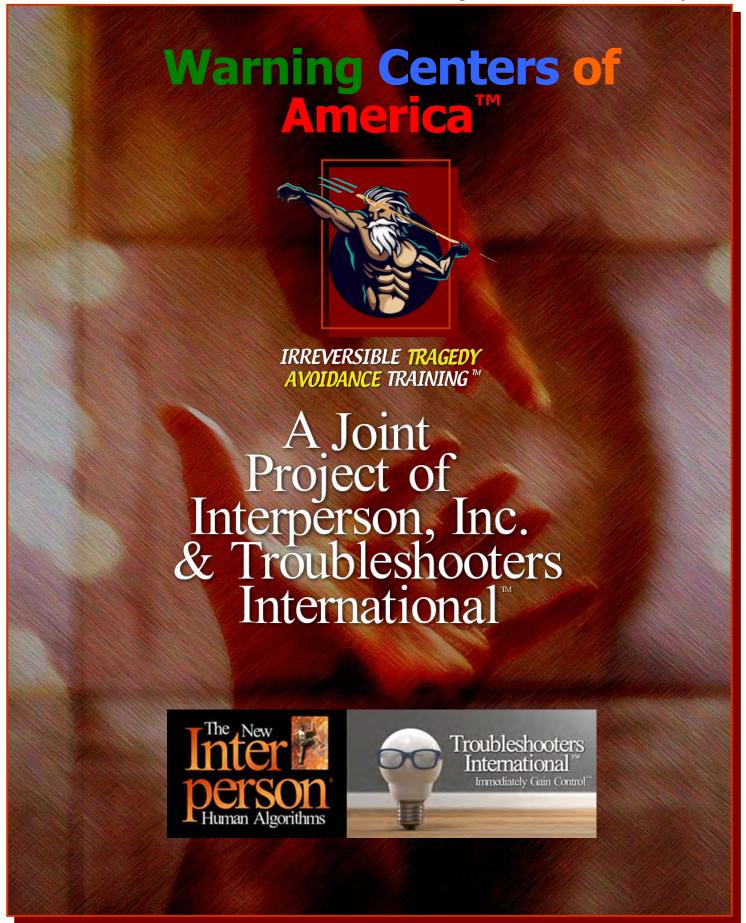
Someone should have!

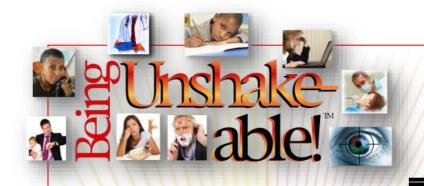
Warnings 101 Training™ has begun the process of training a whole new class of Americans ABLE TO SEND AND RECEIVE A NEEDED WARNING IN TIME!

IRREVERSIBLE TRAGEDY AVOIDANCE TRAINING™

TO LEARN EVERYTHING ABOUT THE ABOVE ...

Email: ceo@interpersoninc.com OR
Text 917-612-2932 OR
Call 917-612-2932





UNSHAKEABLE™ Learning Protocol

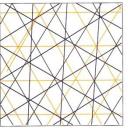
FOR ALL INFORMATION YOU -NEED- TO LEARN (AND TO USE) ...
THIS PROTOCOL INVITES YOU TO LEARN THAT INFORMATION **3x-Thru**

First Time You Read Information Which You -NEED- To Learn (And To Use)

Read the Material very rapidly. This is <u>NOT</u> the same as **skimming**.

Don't go past words or symbols you don't understand. Look them up. [An excellent online source for definitions, synonyms, encyclopedia entries, reference book and web search access all in one, is <u>www.Dictionary.com</u>. Except for looking up unknown words, **Read the**Material Rapidly. Many people are notorious for skimming. Arguably, school made skimming seem unavoidable for many. That acknowledged, <u>Don't Do It Here!</u>

The First Reading is merely to process or connect Brainwise with what is being discussed = What's there (in the material?) Have no expectation of retaining any of it EXCEPT as follows. In one part of the cortex^a, 21st Century research indicates there are cells called "grid cells". They are connected to another Brain structure, the Hippocampus^b and are configured



Grid Cells

in a neural matrix of overlapping triangles (see diagram above right). They make a sort of Neural (Brain) "GPS grid" for all incoming information. Every bit of data you ever took into your Brain is captured in a defined, microscopic physical location in the matrix that directly corresponds to where you physically saw it, heard it, etc. in the outside world. The First Reading (out of 3) is strictly to position the new data within this matrix; to "assign a neural placeholder for" the new data within your own individual synapses! Once these new neural placeholders have been assigned ...

Second Time You Read Material You -Want- To Learn (To Use)

2a. Read the Material a Second Time noting to yourself silently "how you feel" about 8-10 major thoughts, facts or principles presented in the entirety of the material. Don't force, exaggerate or manufacture feelings - simply note "How do I feel about ..."

2b. After noting "HOW YOU FEEL" about 8-10 major thoughts, facts or principles present in the material ... Deliberately misstate aloud (i.e., incorrectly state/phrase/assert) ONE ELEMENT OF EACH STATEMENT ... OUT LOUD (See examples immediately below).

(For Example: If a "Major Thought, Fact or Principle Present in the Material" Is "Old MacDonald Had A Farm", An Example Of an OUT-LOUD, One-Element Misstatement, Would Be ... "Old MacDonald Had A Computer" Or "Old Air Conditioner Had A Farm".)

2c. After doing "2b" immediately above, restate the major thought, fact or principle CORRECTLY.

[THE "2c" STEP IS THE MOMENT A LASTING

MOMENT A LASTING

MEMORY IS CREATED!!!]

(This Procedure Utilizes The Dynamic Neurobiological Factors
OF Synaptic Connection Formation & Strengthening, (Synapses=The

Joining Spaces Between Brain Cells.) This is Memory Creation & Preservation

= THE SYNTHESIZING OF PROTEIN MOLECULES
AT SYNAPTIC JUNCTIONS.)

This is what Learning or Memory is in your Brain!



Third Time (Out of 3) You Read the Material

- 3. Read each Protocol/Textbook section a third time (either right away after the second reading or after reading several other assigned readings) -- this time CONCENTRATING UPON looking intently for and making COMPLETE, WRITTEN notes (i.e. actually writing down/typing notes) concerning ONLY:
- 3a. Everything you <u>did</u> <u>not</u> <u>understand</u>, including but not limited to an individual word, symbol, or image you couldn't clear up in a dictionary, in print or online [An excellent source for definitions, synonyms, encyclopedia entries, reference book and web search access all in one, **online** is <u>www.dictionary.com</u>].
- 3b. Everything you disagree with (even slightly). The more of these you find the better. Most teachers seek "agreement". INTERPERSON® wants to seek out and discover for discussion every which way you disagree with what it's teaching you; because every noted difference between your own ideas (historical synaptic connections, processed and reprocessed memory) and the ideas in something studied promotes usable memory of the material later, after clarified and tested by you. This is likely to be the opposite of 99.999% of your prior education. These Differences noted, create ... Stable ... Usable Memory, which once formed, creates the possibility of useful application, wherever the material studied may apply.



3c. Everything you consider doesn't apply to you OR you consider shouldn't apply even if it does OR you couldn't/wouldn't/wouldn't-be-willing to integrate and incorporate into your own actions, life, work, etc., adapted to your situation.

After-3X-Thru Reading Material Instructor Discussion Follows

4. Meet with Your INTERPERSON® Instructor by telephone (via your regularly scheduled meetings) to review and process-to-complete-resolution of all the steps above.

After You Apply INTERPERSON® Material Studied (As Above) In Your Work

- 5. Refer back to the Material Studied (as above) as indicated by your experiences, repeating the above steps as needed.
- 6. Integrate the Material so that you accomplish the purpose of your Job. Stay focused on the result and do not obsess on "the process". Simply, follow the process each time the best you honestly can. Trust your memory of the Material each time you use it and afterwards, strengthen it with re-study (not endless re-study, but

targeted re-study based upon the discussions in #4 above) until it is as natural as anything you do routinely in the areas of your greatest expertise.

7. Keep in touch with Your INTERPERSON® Instructor in your daily/weekly meetings to continually re-focus on the purpose of every specific part of the material, using Non-Catastrophic, Non-Irreversible Failure to Create Expertise.

Always-Always-Always

8. Hereinafter, keep in mind that INTERPERSON® Brain-Based Learning exploits the scientifically proven fact that the Brain (i.e., Your Brain) "LEARNS "ONLY AFTER IT FAILS" (First, during study (see #'s 2b/2c above); Second, during application). If you don't try to use what you have studied as above, you can't fail; if you don't fail, you can't learn! THIS APPLIES TO YOUR LEARNING THE INTERPERSON® MATERIAL AS WELL AS ANY OTHER MATERIAL NOW - AND IT DRAMATICALLY APPLIES TO ANYONE -YOU- ARE OR LATER MAY BE WORKING TO HELP OR TEACH.

^a Cortex is the scientific word for the covering of the Human Brain.

b Hippocampus ... the new-input learning center of the Brain (where newly arriving information is first stored).

Neural – generally refers to anything to do with the Nervous System (of which the Brain is a part).



The 27 Interperson® Non-Invasive New Human Algorithms™















